

The Presbyterian Church of India  
**ZOU PRESBYTERIAN CHURCH SYNOD**



**SEPGUOL VAIGUON 2025**

*Thupi:*  
“Khrist Jesu a um lungsim”  
(Philippi 2:5)

*To,*

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**The Presbyterian Church of India**  
**ZOU PRESBYTERIAN CHURCH SYNOD**

*Regn. No. 198 of 2005 Under the Manipur Societies Registration Act. 1989 (Act. No. 1 of 1990)*  
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## THUMAPUI

Pasian panpina toh leitung buoina, kawmkal ah September 2025 tung tou kia i hita ua, tam tan chieng hing mapuitu i biech Pasian kung ah kipah thu i tut masa uhi.

Synod Vaihawmna Khawmpi Thuphasah No. 47 leh Synod 1st Executive Committee Resolution No. 14 (21st Session Khawmpi bu Page No. 71) phasah bang in Sepguol 2025 **“Khrist Jesu a um lungsim”** Philippi 2:5 chi thupi zang a Sepguol Vaiguon bawl ding in Rev. Khupsianlal guot ahi toh kituoh in ahun tah a tawi thei a i um ziehun Pasian min i phat ua, a hing buoipitu tung ah zong kipah thu i gen uhi.

Pasian hoina zal zou in buoina kawmkal ah Biehinn kai thei leh Pasian bekhawm thei nalai i hina uah tam i Sepguol thupi uh zang a, thumna toh pan la chiet ding leh i chilenam leh Hattuum misiengthoute Khrist Jesu a um lungsim puo a sem thei ding in pang va ui. Pasian muong in Hattuumten Biehinn leh Innvena a i zah thei dandan ua September 2025 ha sung zang chiet a, Pasian maipha sui in thumna toh zang chiet ding in i kingen uhi.

Tualeh Vaiguon pen inntot ahiei Biehinn a man ding pen Localte lemtan dandan ahi ding hi.

Mangpa’n Hattuum misiengthoute hing vengbit in hing mapui chietta hen.

Rev. Dr. Hangpi Manlun  
Sr. Executive Secretary

## SEPGUOL VAIGUON - 2025

**THUPI :- “KHRIST JESU A UM LUNGSIM” Philippi 2: 5**

**SEPTEMBER 01, 2025 (SEPPATNI) NITAH**

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| Puitu                 | : | .....                     |
| Sepguol vaiguon honna | : | .....                     |
| Thumkhawmna           | : | .....                     |
| Tuohkhawm lantu       | : | .....                     |
| Thugentu              | : | .....                     |
| Tawpna                | : | .....                     |
| Thupi                 | : | <b>Pasian deilam bawl</b> |

**Bible simding:**

**Johan 4: 34** Jesu’n akungah uah “Ka ann khu kei hing sawlpa deilam bawl leh Ama nasep zaw ding ahi...”

**Johan 5: 30** “Ken ka thu in bangma kabawlthei sih, ka zah bang in thu kakhen zel a, ka thu khen adih ahi. Aziehpén keima deilam bawl lou in, Pa, kei hing sawlpa deilam ka bawlwaw hi.”

**Luk 22: 42** “Pa aw, na deilam ahileh tam nou kei apat in ladoh in, a hivang in Kei deina bang hilou in Nang deina bang hizaw heh,” achi hi.

**Johan 6: 38** “...Aziehpén keima deilam bawl dinga van a pat a hing peisuh ka hisih a, a hing sawlpa deilam bawl dinga hing peisuh ka hi zaw hi.”

**SEPTEMBER 02, 2025 (SEPKIANI) NITAH**

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| Thumkhawmna     | : | .....          |
| Tuohkhawm lantu | : | .....          |
| Thugentu        | : | .....          |
| Tawpna          | : | .....          |
| Thupi           | : | <b>Ki itna</b> |

**Bible simding:**

**Johan 11: 35** Jesu akap ta. Tuachi’n Judaten “En vawi ua, it hina va-ia!” a chi uhi.

**Mak 12: 31** A nina khu tami ahi, nangma na ki it bang in na inn vengte na it ding ahi. Tamte sang a thupi zaw thupieh dang a um sih hi, achi hi.

**Johan 15: 12-13** Tami ka thupieh ahi: Ken noute ka hing it bang in noute khat leh khat ki it tuo chiet un.

**1 Korinth 13: 13** Tualeh tu in, ginna, kinepna leh itna, tamteng thum a umden hi, hinanleh tamteng lah a alienpen itna ahi.

**Johan 15: 13** Mi’n alawmte a dinga a hinna apieh sanga lienzaw itna a um sih hi.

**SEPTEMBER 03, 2025 (NILAINI) NITAH**

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| Pantu           | : | .....                       |
| Thumkhawmna     | : | .....                       |
| Tuohkhawm lantu | : | .....                       |
| Thugentu        | : | .....                       |
| Tawpna          | : | .....                       |
| Thupi           | : | <b>Ngaidamna leh hepina</b> |

**Bible simding:**

**Luk 23: 34** Tuachi’n Jesu’n “Pa aw amaute ngaidam in, a silbawl uh a theilou zieh uh ahi,” achi hi.

**Ephesa 4: 32** Khatlehkhat kingainatuo chiet unlen, lungnem unlen, Pasian in Khrist zieh a noute ahing ngaidam bangin, noute zong kingaidam tuo chiet un.

**Mathiu 5:7** “Mi hepi siemte a hampaha uh, hepina mu ding ahi zieh un.”

**Luk 6: 36** Tuazieh in napa uh mi hepi asiem bang in noute zong mi hepi siem un.

**Mathiu 18: 21-22** Tuachi’n Peter a hing pei a akungah, “Mangpa ka sanggam in bang zatvei ahiei ka tunga a khel leh ka ngaidam ding? Sagi vei tan dong adiei?” achi hi. Jesu’n akungah “Sagi vei dong ka hing chi sih a, sagi vei mun sawmsagi tandong kachi zaw ahi...”

#### **SEPTEMBER 04, 2025 (NINGANI) NITAH**

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| Tuohkhawm lantu | : | .....              |
| Thugentu        | : | .....              |
| Tawpna          | : | .....              |
| Thupi           | : | <b>Kipumkhatna</b> |

#### **Bible simding:**

**Johan 15: 4** Keima ah um zing un, Kei zong nouma ah ka um jing ding hi. Bajam pouma grepgui a aum jing sihleh ama tang in aga theilou mabang in, noute zong keima a na um sih uleh naga thei sih ding uhi.

**John 17: 21** “...Pa aw, Nang keima ah na um a, Kei nangma a ka um bang a, ama uh zong eima a pumkhat ahi theina ding un, tualeh Nang kei nahing sawl ahi chi leitung in a gintat theina ding un. Nang leh Kei pumkhat ihmabang in, amaute zong pumkhat ahing hithei na ding un, nangman kei na hing peih thupinate, ken ama uh ka peta hi.

**Galatia 3: 28** “...Tuanah Juda leh Greek a umnawn sih a, tualeh numei leh pasal zong a umnawn sih hi, aziehpén noute na unpi un Khrist Jesu ah pumkhat na hita uhi.

**SEPTEMBER 05, 2025 (ZILTAWPNI) NITAH**

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| Tuohkhawm lantu | : | .....                       |
| Thugentu        | : | .....                       |
| Tawpna          | : | .....                       |
| Thupi           | : | <b>Pasian muonngam ding</b> |

**Bible simding:**

**Johan 14: 1** “Na lungsim uh mangbang sah sih un, Pasian gingta unlen, Keizong hing gingta un.”

**Isai 26: 3-4** Na tunga lungtang kiptah a nga min in nangma ahing muon zieh in, lungmuonna kim nei ding in na kem ding hi. Mangpa khu kumtawn in muong un; aziehpén Jehovah ah tangtawn hatna a um hi.

**Psalm 23: 4** Ahi, shina lim guom tawn in pei nanleng; sil gilou mawng mawng ka zau sih ding hi; Aziehpén nangman na hing umpi a, na khetbuh leh na chieng in ahing hamuon zel hi.

**Psalm 27: 13** Mihing gam ah Mangpa hoina mu ding, kigingtalou hileng ka lungke gawpta ding hi. Mangpa ngah inlen hangsán tah in um in; Tuachi’n Aman na lungtang a hatsah ding hi, kachi ahi Mangpa ngah in.

**SEPTEMBER 06, 2025 (KIGINNI) NITAH**

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| Thumkhawmna     | : | .....           |
| Tuohkhawm lantu | : | .....           |
| Thugentu        | : | .....           |
| Tawpna          | : | .....           |
| Thupi           | : | <b>Dihtatna</b> |

**Bible simding:**

**Mathiu 6: 33** Hinanleh Pasian Gam leh adihtatna sui masa un, tuachi’n tam silte zousie piehbe na hi ding uhi.

**Job 2: 3** Tuachi'n Mangpa'n Setan kungah "Ka suohpa Job na geeldoh kha ngai ei? Leitung ah ama banga nuolbei leh mi thudih, Pasion giing mi leh silgilou kihei mangsan mi a um sih hi, tualeh azieh bei a ama suse dingin hing gamta sah nanlechin zong a gin umna ahasuo tuom sih hi," achi hi.

**Thupilte 28: 18** Koipou dihtah a gamta pouma hundam in a um ding a, hinanleh a gamtatna zousie a, letat pouma thakhat in apua ding hi.

**Amos 5: 4** Hinanleh thukhenna dih tuibang in luongsah unlen, tualeh dihtatna khu tuipi hattah bangin luongsah zaw un.

### SEPTEMBER 07, 2025 (PASIANNI) NITAH

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| Pantu           | : | .....                    |
| Thumkhawmna     | : | .....                    |
| Tuohkhawm lantu | : | .....                    |
| Thugentu        | : | .....                    |
| Tawpna          | : | .....                    |
| Thupi           | : | <b>Ginna toh kalsuon</b> |

### **Bible simding:**

**Mathiu 17: 20** Tuachi'n Jesu'n a kung uah, "Na gintat lou zieh uh ahi, chitahzet in ka hing hil ahi, ankam tang khat chie ginna na nei uleh, tami muol kung ah, tana kipat in khunah kisuon in na chi ding ua, a kisuon mai ding hi, tualeh nou a ding in bangma bawl maw a um sih ding hi," achi hi.

**Mathiu 21: 21** Tuachi'n Jesu'n a kung uah , "A dihtahin ka hing hil ahi, ginna na nei ua, na ginlel sih pou u'leh, theipi tunga bawl bang iep na bawl sih ding ua, tam muol kungah zong na kisuon inlen tuipi sungah kipai lut in chi ulechin zong na chibang un a um ding hi..."

**2 Korinth 5: 7** Aziehpén ginna in ipei ua, mu thei in ipei sih uhi.

**Hebru 11: 1** Ginna pen ikinepna silte thei chienna, sil muloute thei chienna ahi.

**SEPTEMBER 08, 2025 (SEPPATNI) NITAH**

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| Thumkhawmna     | : | .....                    |
| Tuohkhawm lantu | : | .....                    |
| Thugentu        | : | .....                    |
| Tawpna          | : | .....                    |
| Thupi           | : | <b>Kilainat tuo ding</b> |

**Bible simding:**

**Mathiu 9: 36** Aman mipite amu tah in ching ding neilou belamte bang a gimthuoh leh ki thethanga a um zieh un a lainat mama hi.

**Kolossa 3: 12** Tuazieh in Pasian mi tel, misiengthou leh deitahte bang in lainatna, nunnemna, kingingiemna, lungnemna leh thuohhat nate sil un.

**1 Peter 3: 8** Atawp pen in lungsim mun khat puo in, khat leh khat kilainat tuo chiet unlen, unau bang in ki it unlen, kingiem khieh unlen, lungnem un.

**SEPTEMBER 09, 2025, (SEPKIANI) NITAH**

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| Thumkhawmna     | : | .....                     |
| Tuohkhawm lantu | : | .....                     |
| Thugentu        | : | .....                     |
| Tawpna          | : | .....                     |
| Thupi           | : | <b>Midangte a ding in</b> |

**Bible simding:**

**Mathiu 20: 26** Hinanleh noute lah ah tuabang ding ahi sih hi, koi hitaleh na lah ua let ding lunggul pouma, na nasem un pang phot heh.

**Mak 10: 45** "...Aziehpén Mihing Tapa zong miten a nna asepe pieh dinga hing pei ahisih a, mite nasepe pieh ding a hinna pe dinga hing pei ahi zaw hi," achi hi.

**Galatia 5: 13** Unaute aw, noute zalen dinga hat nahi uhi, na zalenna uh pen tahsa dinga lemtanna in zang sih unlen, itna in khat leh khat nna kispieh zaw un.

**Philippi 2: 3-4** Angsung khuolna ahisihleh kipilsahna ahiei in bangma bawl sih unlen, hinanleh michin in lungsim a kingaangiem tah in midangte ama sanga hoizaw in ngaituo heh. Na lah ua mi koipou in ama hoina ding guoh en sih henlen, midangte hoina ding zong en uhen.

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| <p><b>SEPTEMBER 10, 2025 (NILAINI)</b><br/><b>SYNOD DAY</b></p> |
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**SEPTEMBER 11, 2025 (NINGANNI) NITAH**

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| Thumkhawmna     | : | .....                         |
| Tuohkhawm lantu | : | .....                         |
| Thugentu        | : | .....                         |
| Tawpna          | : | .....                         |
| Thupi           | : | <b>Hasat hun a lungmuonna</b> |

**Bible simding:**

**Mathiu 6: 25** “Tuaziehin ka hing hil ahi, bang ahiei ka neh ding, bang ahiei ka dawn ding, ahisihleh na tahsa ua dinga bang ahiei ka sil a ka ten ding chi’n na tahsa ua ding in lung himaw sih un, neh ding sang in hinna athupi zaw sih a mah? Silleten sang in tahsa athupi zaw sih a mah? Tung leng vate en un, bu atu sih ua, at zong a at sih uh, tualeh bu inn ah zong asunglut sih uh, a hivang in napa uh van a um in ama uh a vah hi; Noute ama uh sang a nahpi tah a thupizaw hilou nahi uoi mah?

**Mathiu 11: 28** Nou semgim leh puohgih pote zousie ka kungah hing pei un, Keiman khawldamna ka hing pe ding hi.

**Johan 14: 27** Hamuonna ka hing nuasie hi, Keima hamuonna ka hing pie hi, leitung in apieh bang in ken noute ka hing pe sih hi. Na lungtang uh mangbang sah sih unlen, zau zong zau sih un.

**Philippi 4: 6** Bangma ah patau sih unlen, hinanleh silbangkim ah thumna leh thungetna in kipah thugenna toh na sildeite uh Pasion kungah theisah un.

**Philippi 4: 13** Keima hing hatsahpa Khrist ziehin sil zousie ka bawlthei hi.

**SEPTEMBER 12, 2025 (ZILTAWPNI) NITAH**

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| Thumkhawmna     | : | .....                    |
| Tuohkhawm lantu | : | .....                    |
| Thugentu        | : | .....                    |
| Tawpna          | : | .....                    |
| Thupi           | : | <b>Thunget zing ding</b> |

**Bible simding:**

**Mathiu 7: 7-8** “Ngen un, pieh in na um ding uh, sui un na mu ding uh, kiu un honpieh in na um ding uhi. Aziehpeng angen pouma pieh in a um ua, koipou a sui in amu ua, koipou a kiu pouma honpieh in a um ding uhi...”

**Mathiu 26: 41** “...Solna a na lut louna ding un kiging zing in thu ngen un, hagau in angap a, hinanleh tahsa pen a hat sih hi,” achi hi.

**Ephesa 6: 18** Thungetna leh ngetna chinteng in bangchih lai pou in Hagau ah thu ngen jing unlen, tambang lungsim nei in, misiengthoute zousie ding in thuoh hatna leh ngetpiehna toh, atawp dong in kiveng zing un.

**Philippi 4: 6** Bangma ah patau sih unlen, hinanleh silbangkim ah thumna leh thungetna in kipah thugenna toh, na sil deite uh Pasion kungah theisah un.

**1 Thessalonika 5: 17** Tawplou in thum un.

**SEPTEMBER 13, 2025 (KIGINNI) NITAH**

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| Thumkhawmna     | : | .....                                |
| Tuohkhawm lantu | : | .....                                |
| Thugentu        | : | .....                                |
| Tawpna          | : | .....                                |
| Thupi           | : | <b>Eima kros pua a Jesu zui ding</b> |

**Bible simding:**

**Mak 8: 34** Tualeh Aman mipite leh anuazuite a han a, a kung uah, “Mi koipou in a hing zui ut leh ama gimthuoh khohsa lou in, a kros pua in hing zui heh. Mi koipou a hinna humbit ut in a taan ding a, hinanleh mi koipou keima leh khantanhoi zieh a ahinna taan in ahumbit ding hi...”

**Mathiu 7: 13** “Kot kochih ah lut un, manthaina lampi kot khu a lien a, a lampi zong agol hi, tualeh khuna lutte khu tam zong atam uhi. Hinna zotna kot khu a kochih a, a lampi zong ahamsa a, amute zong atawm uhi.

**2 Korinth 4: 8-10** Ningchin ah suhgenthei in ka um ua, hinanleh suhguoi in ka um sih uhi, lungdong in ka um ua, hinanleh kinepna bei in ka um sih uhi; Bawl genthei in ka um ua, hinanleh, hinanleh Pasian taisan in ka umsih uh. Satpua in ka um ua, hinanleh suhmang in ka um sih uhi. Kouten ka tahsa pumpi uah Mangpa Jesu shina ka paw zing ua, ka tahsa pumpi ua Jesu hinna akilatna ding in.

**Philippi 1: 21** Aziehpén kei ding in hin Khrist ahia, shi zong metna ahi.

**SEPTEMBER 14, 2025 (PASIANNI) NITAH**

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| Thugentu        | : | .....                  |
| Tawpna          | : | .....                  |
| Thupi           | : | <b>Kingai neu ding</b> |

**Bible simding:**

**Mathiu 23: 12** Tualeh koipou a kiliensah khu, suhneu ahi dinga tualeh koipou a kingai neu khu tawisang in a um ding hi.

**Thupilte 16: 18** Kisahtheina khu sietna masangah apei a, tualeh lungsim ki uongsah khu pusietna masangah apei hi.

**Jakob 4: 6** Hinanleh Aman hepina tamsem ahing pie hi; Tuazieh in Aman “Pasian in mi kiliensahte adou a, hinanleh kingai ngiemte kungah hepina apie hi,” achi hi.

**1 Peter 5: 5** Tua mabang in nou khanglaite Upate nuoi ah kitulut un. Ahi, nabawn un khat leh khat nuoi ah, kitulut tuo chiet unlen, kingai ngiemna sil un. Aziehpen Pasian in a kiliensahte adou a, akingaangiemte pen hepina apie hi.

**SEPTEMBER 15, 2025 (SEPPATNI) NITAH**

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| Thumkhawmna     | : .....                     |
| Tuohkhawm lantu | : .....                     |
| Thugentu        | : .....                     |
| Tawpna          | : .....                     |
| Thupi           | : <b>Van ah gou khol un</b> |

**Bible simding:**

**Mathiu 6: 19** “Lei a nget leh sam eeh in a nehsiet na ah leh gutaten aphevang ua aguh theina uah gou kikhoh sih un. Hinanleh van ah, nget leh san eeh in a nehsiet louna leh, gutaten aphevang ua, aguh louna ua gou kikhoh zaw un...”

**Mathiu 6: 24** “Koiman Puni nna asemkop thei sih, aziehpen khat a muda ding a, khat pen a it dinga, ahisihleh khat hum in, khat pen a simmaw kha ding hi. Pasian leh sum nna nasemkop thei sih ding uhi...”

**Thupilte 15: 16** Gou tampi nei a lungkhampi sang in, Mangpa giing kawm a gou tawmnou khat nei ahoi zaw hi.

**SEPTEMBER 16, 2025 (SEPKIANI) NITAH**

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| Tuohkhawm lantu | : | .....                          |
| Thugentu        | : | .....                          |
| Tawpna          | : | .....                          |
| Thupi           | : | <b>Vah tate bang a um ding</b> |

**Bible simding:**

**Johan 8: 12** Tuachi’n akung uah “Kei leitung vah ka hi; kei hing zui pouma miel ah a khohei sih dinga, vah anei zaw ding hi.

**Mathiu 5: 13** “Noute leitung vah nahi uhi, muol tunga khopi um khu a kiphuol thei sih hi...Tua mabang in na vah uh mi mu ding in vah heh...”

**Ephesa 5: 8** Tu masang lai in noute miel na hi ua, hinanleh tu’n pen Mangpa ah vah nahi ta uh, vah tate bang in um un.

**SEPTEMBER 17, 2025 (NILAINI) NITAH**

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| Tuohkhawm lantu | : | .....                         |
| Thugentu        | : | .....                         |
| Tawpna          | : | .....                         |
| Thupi           | : | <b>Mangpa’n thu khen ding</b> |

**Bible simding:**

**Mathiu 7:1-2** Midang tung thu khen sih un, na tungthu uh khen a aum lou na ding in. Aziehpén na khenpieh mabang un a hing kitepieh ding hi.

**Luk 12: 2** Aziehpén langlou dinga phuolguh bangma a um sih a, tualeh theilou dinga im zong bangma a um sih hi. Tuazieh in miel a nagen pouma uh vah ah zah in a um ding a, tualeh inndan sunggil a bilkawm a nagen uh, inntung vum a tangkoupi in a um ding hi.

**Rome 14: 10** Hinanleh nang bang dinga na unau tunga mawsah a thukhen na hiei? Ahisihleh nang bang dinga na unau simmaw na hiei? Aziehpén eite i unpi ua Khrist thukhen na toupha mai a ding ding ihi uhi.

**Rome 14: 12** Tuabang ahi zieh in eiten Pasian masangah eima khantan chiet igen ding uhi.

**2 Korinth 5: 10** Aziehpén michin tahsa a aum sunga asilbawlte asie apha abawl dungzui a asep man anga theina dinga Khrist thukhenna toupha mai ah ding tei tei ding ihi uhi.

### SEPTEMBER 18, 2025 (NINGANI) NITAH

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| Tuohkhawm lantu | : | .....                 |
| Thugentu        | : | .....                 |
| Tawpna          | : | .....                 |
| Thupi           | : | <b>Vangam a naita</b> |

#### **Bible simding:**

**Mathiu 3: 2** “Kisia un, vangam a naita hi!” chi in agen hi.

**Mak 1: 15** “...Ahun a tungta a, tualeh Pasian gam anai ta hi, kisia unlen, khantanhoi gingtu,” achi hi.

**Luk 13: 3** “...Hilou e, kahing hil ahi nou zong na kisia sih uleh, tuabang ma in na mangthai sieng ding uhi.”

**1 Johan 1: 9** I khelnate i phuon uleh i khelnate ngaidam ding leh, dihtat louna zousie a kipat hing siengsah ding in Ama a muonhuoi in a dihtat hi.

**SEPTEMBER 19, 2025 (ZILTAWPNI) NITAH**

|                 |   |                             |
|-----------------|---|-----------------------------|
| Puitu           | : | .....                       |
| Pantu           | : | .....                       |
| Thumkhawmna     | : | .....                       |
| Tuohkhawm lantu | : | .....                       |
| Thugentu        | : | .....                       |
| Tawpna          | : | .....                       |
| Thupi           | : | <b>Mangpa a umjing ding</b> |

**Bible simding:**

**Johan 15: 5** Kei grepgui khu ka hia, noute abajamte nahi uh. Mi koipou keima a aum jing leh, Kei ama a ka um jingna pa'n ga tampi asuong zel hi. Aziehpén keima lou in bangma na bawlthei sih uhi.

**Mathiu 16: 25** Koipou ahinna humbit ut in a taan dinga, tualeh koipou keima zieh a a hinna taan in amu ding hi.

**Mak 12: 30** Tualeh Mangpa na Pasion khu, na lungtang zousie, tualeh na hinna zousie, na lungsim zousie, tualeh na hatna zousie toh na it ding ahi. Tami thupieh masa pen ahi.

**SEPTEMBER 20, 2025 (KIGINNI) NITAH**

|                 |   |                                   |
|-----------------|---|-----------------------------------|
| Puitu           | : | .....                             |
| Pantu           | : | .....                             |
| Thumkhawmna     | : | .....                             |
| Tuohkhawm lantu | : | .....                             |
| Thugentu        | : | .....                             |
| Tawpna          | : | .....                             |
| Thupi           | : | <b>Hagau mangthai veinat ding</b> |

**Bible simding:**

**Mathiu 4: 19** Tualeh Aman akung uah, “Hing zui un, mihing man in ka hing bawl ding,” achi hi.

**Luk 5: 10** ...Tualeh Jesu'n Simon kungah, “Zausin, tu bansie mihing na manta ding achi hi.” Tuachi'n a kuongte uh luipang ah ahing tawldoh ua, bangkim nuasie in Ama azuita uhi.

**Luk 19: 10** “...Aziehpen mangthaite suidoh a, hundam ding a Mihing Tapa hing pei mawng ahi,” achi hi.

**Mathiu 18: 12** Bang nachi ngaituo uoi? Mi khat in belam zakhat nei henlen, alah ua khat vahmang taleh, sawmkuo leh kuote nuasie in muol leh taangte a pei in, a vahmang pen vasui lou ding ahiei mah?

## SEPTEMBER 21, 2025 (PASIANNI) NITAH

|                 |   |                   |
|-----------------|---|-------------------|
| Puitu           | : | .....             |
| Pantu           | : | .....             |
| Thumkhawmna     | : | .....             |
| Tuohkhawm lantu | : | .....             |
| Thugentu        | : | .....             |
| Tawpna          | : | .....             |
| Thupi           | : | <b>Gimthuohna</b> |

### **Bible simding:**

**Mathiu 5: 10** “...Dihtatna zieh a gawtna thuohthe ahampha uh, vangam ama ua ding ahi zieh in. Miten Keima zieh a ahing housiet ua, ahing bawlsiet ua, zuou a sietna chintenga ahing heh hun chieng un, na hampha uhi. Kipah unlen, nasatah in nuom un, van ah na nuomman ding uh athupi mama hi, tua mabang in na masang ua guolnei umte zong ana bawl genthei uhi.”

**Johan 15: 20** Suoh apu sangin a lienaw sih chia na kung ua ka thugen theizing un. Ama un Kei a hing bawlsiet uleh, noute zong ahing bawlse ding uhi. Ama un ka thu zui uleh, noute thu zong azui ding uhi.

**2 Timothy 3: 12** Ahi, Khrist Jesu a Pasian ngaisah a hin ut pouma in bawlsietna athuoh ding mawng ahi.

**1 Peter 4: 12-13** Unaute aw, noute ze et dinga, na tung ua ze etna hing tung khu sillamding bang ahiei hing tung bangin ngaituo sih un. Khrist thuohnate thuohpi nahi zieh un, kipah un, tuachia athupina a hing kilat hun chieng in noute zong nahpitah a nuom in na kipah thei ding uhi.

**Nasepte 14: 22** Gim gentheina tampi thuoh in Pasian leenggam ilut ding mawng ahi chi in nuazuite hinna hagau ahatsah sem sem uhi.

**SEPTEMBER 22, 2025 (SEPPATNI) NITAH**

|                 |   |                              |
|-----------------|---|------------------------------|
| Puitu           | : | .....                        |
| Pantu           | : | .....                        |
| Thumkhawmna     | : | .....                        |
| Tuohkhawm lantu | : | .....                        |
| Thugentu        | : | .....                        |
| Tawpna          | : | .....                        |
| Thupi           | : | <b>Kiging zing a um ding</b> |

**Bible simding:**

**Mathiu 24: 43** Hinanleh tami thei un, inn neipa'n guta hing pei ding hun thei leh, aveng ding a, a inn apheetvang sah sih ding hi. Tuazieh in noute zong kiging zing un, na gintat lou hun laitah ua, Mihing Tapa hing pei ding ahi zieh in.

**1 Thessalonika 5: 2** Mangpa ni khu zan a guta banga hing tung ding ahi chi, noute mama in chientah in na thei uhi.

**Kihilna 16: 15** “Ngaivawi, guta bang in ka hing pei hi. Kigingsa leh puon tengsa a um mi ahampha hi, tuachilou in pen a guohtang in avah dinga a zumhuoia amukha ding uhi.”

**SEPTEMBER 23, 2025 (SEPKIANI) NITAH**

|                 |   |                              |
|-----------------|---|------------------------------|
| Puitu           | : | .....                        |
| Pantu           | : | .....                        |
| Thumkhawmna     | : | .....                        |
| Tuohkhawm lantu | : | .....                        |
| Thugentu        | : | .....                        |
| Tawpna          | : | .....                        |
| Thupi           | : | <b>Gingtute thoukia ding</b> |

**Bible simding:**

**Johan 11:11** Aman tam thute agen a tuazou in a kung uah, “I lawmpa uh Lazar a imuta, ama phawng dingin ka va pei ding hi,” achi hi.

**1 Thessalonika 4: 13-14** Hinanleh unaute aw, kinepna neilou midangte banga, na lungkham louna dingun, imute tungtang na theilou uh kadei sih hi. Aziehpen Jesu ashi a, a thou kiata chi igintat leh Jesu a imute zong Pasian in Ama toh ahing puikhawm ding hi...

**1 Korinth 15: 51-52** Ngai un, thuguh kiphuol ka hing hilding hi; i unpi un i imu sieng sih ding ua, hinanleh i unpi un suhlamdang in i um sieng ding uhi. Pengkul nukhieh pen agin chieng in, thakhat in mitphet kal in suhlamdang in i um ding uhi, aziehpen pengkul hing ging ding ahi; tuahun chieng in mishite muottheilou a kaithou in a um ding ua, eite zong suhlamdang in ium ta ding uhi.

#### **SEPTEMBER 24, 2025 (NILAINI) NITAH**

|                 |   |                                  |
|-----------------|---|----------------------------------|
| Puitu           | : | .....                            |
| Pantu           | : | .....                            |
| Thumkhawmna     | : | .....                            |
| Tuohkhawm lantu | : | .....                            |
| Thugentu        | : | .....                            |
| Tawpna          | : | .....                            |
| Thupi           | : | <b>Kisia loute mangthai ding</b> |

#### **Bible simding:**

**Mathiu 4: 17** Khum hun lai a kipat in Jesu'n "Kisia un vangam anai ta hi, chi'n thugen apa'n ta hi."

**Luk 13: 3** "...Hilou e, kahing hil ahi nou zong na kisia sih uleh tuabangma in na mangthai sieng ding uhi," achi hi

**Mathiu 7: 21** "Mangpa, Mangpa hing chi zousie, vangam alut sih ding uhi, hinanleh ka Pa van a um deilam bawlte bou khu a lut ding uhi."

**Luk 15 20** Tuachi'n a thou a, apa kungah a hing pei ta hi. Hinanleh gamlapi a aum lai in apa'n ana mu a alainat mama a, ana del a, a ngawng kawu a, tualeh atawp ta hi.

## SEPTEMBER 25, 2025 (NINGANI) NITAH

|                 |   |                           |
|-----------------|---|---------------------------|
| Puitu           | : | .....                     |
| Pantu           | : | .....                     |
| Thumkhawmna     | : | .....                     |
| Tuohkhawm lantu | : | .....                     |
| Thugentu        | : | .....                     |
| Tawpna          | : | .....                     |
| Thupi           | : | <b>Zin bawl siem ding</b> |

### **Bible simding:**

**Mathiu 10: 42** Tualeh koipou tam mi neute lah a khat nuazui ahi zieh a tuisih nou khat maimai pie zong, chitah zet in ka hing hil ahi, a kipahman uh a taan vawt sih ding uhi.

**Mathiu 25: 35** Aziehpén, ka gil akiel in nouten ann na hing pie ua; ka dang ata in dawn ding na hing pie uhi; mikhuol ka hi in na hing zintun ua; guohtang a ka um in, puon na hing silsah ua, damlou a ka um in, na hing ve ua, suongkul a ka tan in ka kungah na hing haw uhi, achi ding hi.

**Rome 12: 13** Misiengthoute tahsap awng hu dingin na nei nalamte uh kitanpi unlen, zin bawl dan siem un.

**Hebru 13: 2** Mikuolte hoi bawl ding manghil sih un, tuabang a bawl in mi pawlkhat ten theilou kaal in vansawlsiengte ana zintun uhi.

## SEPTEMBER 26, 2025 (ZILTAWPNI) NITAH

|                 |   |                                 |
|-----------------|---|---------------------------------|
| Puitu           | : | .....                           |
| Pantu           | : | .....                           |
| Thumkhawmna     | : | .....                           |
| Tuohkhawm lantu | : | .....                           |
| Thugentu        | : | .....                           |
| Tawpna          | : | .....                           |
| Thupi           | : | <b>Khrist kilepsan lou ding</b> |

**Bible simding:**

**Mathiu 10: 32-33** Koipou mite masang a hing hum pouma, ken zong van a ka Pa mai ah, ama ka hum ding hi. Hinanleh koipou mite mai a, kei hing kilepsan pouma Kenzong van a ka Pa masang ah kaki lepsan ding hi. (Luk 12: 8)

**2 Timothy 4: 10** Aziehpén Demas in tulai leitung a it mama zieh in Kei ang taisanta a, Thessalonika apei ta hi...”

**Mathiu 26: 15** A kung uah, “Ama hing mansah taleng, kei bang nahing pe ding uoi?” ava chi hi. Tuachi’n ama un danagka sawmthum asim ua apeta uhi. Tuachin khum ni a kipat in Ama matsahna ding hun lemtang asui ta uhi.

**Mak 8: 38** “Mi koipou tulai khangtha angkawm hat leh giloute lah a keima leh ka thu zumpi khu, Mihing Tapa in zong vansawltahé toh a Pa thupina a kivan a ahing pei chieng in tua mi khu azumpi ding hi,” achi hi.

**SEPGUOL KISUHTUONA (DISTRICT LIENG AH)**

**SEPTEMBER 27, 2025 (KIGINNI) NITAH**

|                 |   |                           |
|-----------------|---|---------------------------|
| Puitu           | : | .....                     |
| Pantu           | : | .....                     |
| Thumkhawmna     | : | .....                     |
| Tuohkhawm lantu | : | .....                     |
| Thugentu        | : | .....                     |
| Tawpna          | : | .....                     |
| Thupi           | : | <b>Phuba lah lou ding</b> |

**Bible simding:**

**Mathiu 5: 38-39** “Mit taang in mit, ha taang in ha, ana kichi na zata uhi. Hinanleh ken ka hing hil ahi, migilou thuh sih un, hinanleh koipou in na being zietlam abeh u’leh, a lelam zong dawzaw un...”

**Mathiu 5: 44** Hinanleh kenvang na kung uah ka gen ahi, na melmate uh it unlen, nou hing bawlsete thunget pieh un.

**Luk 6: 27-28** “Hinanleh nou ka thu ngaikhete kungah kang hil ahi, na galte uh it unlen, a hing mudate tungah silhoi bawl un. Nou hing hamsiette guolzawl unlen, a hing simmawte thum pieh un...”

**Rome 12: 14** Nou hing bawlsete guolzawl un, guolzawl unlen gausap sih un.

**Rome 12: 19** Ka itte aw, phuba kila sih un, hinanleh lungthahna khu Pasian awn zaw un, “Phuba lah Keima a ahia, keiman ka thuhna ding, Mangpa’n achi hi,” chi in akigiel hi.

### **SEPTEMBER 28, 2025 (PASIANNI SUN)**

|                 |   |                      |
|-----------------|---|----------------------|
| Puitu           | : | .....                |
| Pantu           | : | .....                |
| Thumkhawmna     | : | .....                |
| Tuohkhawm lantu | : | .....                |
| Thugentu        | : | .....                |
| Tawpna          | : | .....                |
| Thupi           | : | <b>Kingaangiemna</b> |

### **Bible simding:**

**Philippi 2: 5** Khrist Jesu a zong um tam lungsim khu noute ah zong um heh; Ama Pasian bang a um hinapi, Pasian toh kibanga um khu sil khiehla huoi in angaituo sih a, hinanleh Ama hing kikoi ngiem in, suoh bang in ahing pieng hi. Tualeh mihing lim leh mel bang hing puo in, ahing ki ngaangiem a, shi tan dong in thu amang a, Kross ah shina na ngawn a hing thuoh hi. Tuazieh in Pasian in zong Ama nasatah in atawi sang a, min zousie lah a min tungnung pen ape ta hi.

**Isai 14: 12** “Aw Lusifer phalvah tapa, bang chidan a van a kipat a hing kesuh na tai? Nang namchin suzawngkhalpa bang achileh tuol a satkhiet suh a um natai mah...!”

**Ezekiel 28: 17** Na melhoina ziehin na lungtang a hing kisathei a, na thupina zieh in na pilna na suse ta hi; Tuoltang sena’n ka hing nei a, leengte mai ah ka hing siel a, ama uh etnop ka hing hisah ta hi.

**SEPTEMBER 28, 2025 (PASIANNI NITAH)**

|                 |   |                    |
|-----------------|---|--------------------|
| Puitu           | : | .....              |
| Pantu           | : | .....              |
| Thumkhawmna     | : | .....              |
| Tuohkhawm lantu | : | .....              |
| Thugentu        | : | .....              |
| Tawpna          | : | .....              |
| Thupi           | : | <b>Taan ngamna</b> |

**Bible simding:**

**Mathiu 8: 20** Jesu’n akungah, “Si alten kuo anei ua, tung leng vaten bu anei uhi, hinanleh Mihing Tapa in vang a lu ngahna ding mun anei sih hi,” achi hi.

**Mathiu 16: 24-25** Tuachi’n Jesu’n anuazuite kungah, “Mi koipou in ahing zui ut leh ama gimthuoh khawhsa lou in, a kros puo in hing zui heh. Koipou a hinna humbit ut in a taan dinga, tualeh koipou Keima zieh a a hinna taan in amu ding hi...”

**Mathiu 19: 29** Tualeh michin ka min zieh a innte ahiei, a sanggampa ahiei a sanggam nu ahiei, a pa ahiei, anu ahiei, azi ahiei atate ahiei, a gamte ahiei, taisan pouma in ale za amu ding ua, kumtawn hinna atang ding uhi.

**Mak 8: 36** Aziehpén mi’n leitung apum in nei henlen, a hinna tanta leh bang aphatuom diei?

.....



[illegible]

## R E C O R D

| Date | Amun  | Kikhawm Zat | Tuohkhawm |
|------|-------|-------------|-----------|
| 1    |       |             |           |
| 2    |       |             |           |
| 3    |       |             |           |
| 4    |       |             |           |
| 5    |       |             |           |
| 6    |       |             |           |
| 7    |       |             |           |
| 8    |       |             |           |
| 9    |       |             |           |
| 10   |       |             |           |
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| 12   |       |             |           |
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| 15   |       |             |           |
| 16   |       |             |           |
| 17   |       |             |           |
| 18   |       |             |           |
| 19   |       |             |           |
| 20   |       |             |           |
| 21   |       |             |           |
| 22   |       |             |           |
| 23   |       |             |           |
| 24   |       |             |           |
| 25   |       |             |           |
| 26   |       |             |           |
| 27   |       |             |           |
| 28   |       |             |           |
| 29   |       |             |           |
| 30   |       |             |           |
|      | Total |             |           |

| SEPTEMBER 2025 |     |     |     |     |     |     |
|----------------|-----|-----|-----|-----|-----|-----|
| SUN            | MOM | TUE | WED | THU | FRI | SAT |
|                | 1   | 2   | 3   | 4   | 5   | 6   |
| 7              | 8   | 9   | 10  | 11  | 12  | 13  |
| 14             | 15  | 16  | 17  | 18  | 19  | 20  |
| 21             | 22  | 23  | 24  | 25  | 26  | 27  |
| 28             | 29  | 30  |     |     |     |     |

| JANUARY   |    |    |    |    |    |    | FEBRUARY |    |    |    |    |    |    | MARCH    |    |    |    |    |    |    | APRIL    |    |    |    |    |    |    |   |
|-----------|----|----|----|----|----|----|----------|----|----|----|----|----|----|----------|----|----|----|----|----|----|----------|----|----|----|----|----|----|---|
| S         | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  |   |
|           |    |    | 1  | 2  | 3  | 4  |          |    |    |    |    |    | 1  | 30       | 31 |    |    |    |    |    | 1        |    |    | 1  | 2  | 3  | 4  | 5 |
| 5         | 6  | 7  | 8  | 9  | 10 | 11 | 2        | 3  | 4  | 5  | 6  | 7  | 8  | 2        | 3  | 4  | 5  | 6  | 7  | 8  | 6        | 7  | 8  | 9  | 10 | 11 | 12 |   |
| 12        | 13 | 14 | 15 | 16 | 17 | 18 | 9        | 10 | 11 | 12 | 13 | 14 | 15 | 9        | 10 | 11 | 12 | 13 | 14 | 15 | 13       | 14 | 15 | 16 | 17 | 18 | 19 |   |
| 19        | 20 | 21 | 22 | 23 | 24 | 25 | 16       | 17 | 18 | 19 | 20 | 21 | 22 | 16       | 17 | 18 | 19 | 20 | 21 | 22 | 20       | 21 | 22 | 23 | 24 | 25 | 26 |   |
| 26        | 27 | 28 | 29 | 30 | 31 |    | 23       | 24 | 25 | 26 | 27 | 28 |    | 23       | 24 | 25 | 26 | 27 | 28 | 29 | 27       | 28 | 29 | 30 |    |    |    |   |
| MAY       |    |    |    |    |    |    | JUNE     |    |    |    |    |    |    | JULY     |    |    |    |    |    |    | AUGUST   |    |    |    |    |    |    |   |
| S         | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  |   |
|           |    |    |    | 1  | 2  | 3  | 1        | 2  | 3  | 4  | 5  | 6  | 7  |          |    | 1  | 2  | 3  | 4  | 5  | 31       |    |    |    |    | 1  | 2  |   |
| 4         | 5  | 6  | 7  | 8  | 9  | 10 | 8        | 9  | 10 | 11 | 12 | 13 | 14 | 6        | 7  | 8  | 9  | 10 | 11 | 12 | 3        | 4  | 5  | 6  | 7  | 8  | 9  |   |
| 11        | 12 | 13 | 14 | 15 | 16 | 17 | 15       | 16 | 17 | 18 | 19 | 20 | 21 | 13       | 14 | 15 | 16 | 17 | 18 | 19 | 10       | 11 | 12 | 13 | 14 | 15 | 16 |   |
| 18        | 19 | 20 | 21 | 22 | 23 | 24 | 22       | 23 | 24 | 25 | 26 | 27 | 28 | 20       | 21 | 22 | 23 | 24 | 25 | 26 | 17       | 18 | 19 | 20 | 21 | 22 | 23 |   |
| 25        | 26 | 27 | 28 | 29 | 30 | 31 | 29       | 30 |    |    |    |    |    | 27       | 28 | 29 | 30 | 31 |    |    | 24       | 25 | 26 | 27 | 28 | 29 | 30 |   |
| SEPTEMBER |    |    |    |    |    |    | OCTOBER  |    |    |    |    |    |    | NOVEMBER |    |    |    |    |    |    | DECEMBER |    |    |    |    |    |    |   |
| S         | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  |   |
|           | 1  | 2  | 3  | 4  | 5  | 6  |          |    |    | 1  | 2  | 3  | 4  | 30       |    |    |    |    |    | 1  |          | 1  | 2  | 3  | 4  | 5  | 6  |   |
| 7         | 8  | 9  | 10 | 11 | 12 | 13 | 5        | 6  | 7  | 8  | 9  | 10 | 11 | 2        | 3  | 4  | 5  | 6  | 7  | 8  | 7        | 8  | 9  | 10 | 11 | 12 | 13 |   |
| 14        | 15 | 16 | 17 | 18 | 19 | 20 | 12       | 13 | 14 | 15 | 16 | 17 | 18 | 9        | 10 | 11 | 12 | 13 | 14 | 15 | 14       | 15 | 16 | 17 | 18 | 19 | 20 |   |
| 21        | 22 | 23 | 24 | 25 | 26 | 27 | 19       | 20 | 21 | 22 | 23 | 24 | 25 | 16       | 17 | 18 | 19 | 20 | 21 | 22 | 21       | 22 | 23 | 24 | 25 | 26 | 27 |   |
| 28        | 29 | 30 |    |    |    |    | 26       | 27 | 28 | 29 | 30 | 31 |    | 23       | 24 | 25 | 26 | 27 | 28 | 29 | 28       | 29 | 30 | 31 |    |    |    |   |

# SEPGUOL VAIGUON 2025

***Thupi:***

**“Khrist Jesu a um lungsim”**

**(Philippi 2:5)**

**Sepguol 2025 | 2500 Copies**