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AN ORGAN OF THE ZOU PRESBYTERIAN CHURCH SYNOD

Khristian Tangkou

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Editor: Rev. Zamlianpau

Kumruon

“Khrist a kipumkhatna” *[Johan 17:22]*

[Johan 17:22]

Khristian Tangkou

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A sung thu

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- Editorial..... 01
- Thu tuomtuom & Thumpi ding 04
- Ahn hun a ga zel..... 05
- Pilna kichi bang ahi diei? 06
- Koi na lunggul ei? 10
- Ama gimthuah khawhsalou 13
- Innsung ahoi leh 15
- Hundam Kitheichetna 18
- Pasian toh zawhkhawm 19
- ZPWF Column 22
- ZPYF Column..... 24

Thusuo zousie Editor leh Zou Synod ngaidan ahi kimsih a, a suotute'n maw a kipuoh chiet ding uhi.

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Haitha

MATHEW 6:19-21

Lei a nget leh sam-eeh in aneh sietna ah leh gutaten aphevang ua, a guh theina uah gou kikhoh sih un. Hinanleh van ah, nget leh sam eeh in a neh siet louna leh gutaten a phevang ua, a guh louna uah gou kikhoh zaw un. Aziehpén na gou umna mun ah na lungtang u'zong a um ding hi.

1. THUMAPUI:

- = Mihingte Pasion in Eden huon a, ahing koi lai in Pasion in kammal khat toh ahing nuasie a, tua khu “Eden huon hou ding leh enkol ding” chi ahia, tualeh Pasion in A siemsa zousie enkol a kem ding in ahing ngansie hi. Tam hun apat in mihingte khu, Haichite, Ganhingte leh Pasion in A siemsa zousiete tung ah etkolna nasem ding in Pasion in mawpuohna ahing pie a, tua a guolzawlinate khu hing pung zel ding leh suon-le-hah (nou) nei zel ding in guolzawlina ana pie hi. Tualeh, Pasion in thupieh ahing pieh na ah ei a ding a, ahing piehte toh Ama pahtawi a, Ahing guolzawlinate theizing a, Ama kung ah sillat a tawi ding in ahing thupieh hi. Sing-le-lou leh haichi mai hilou in a guolzawlina thupipen a i ngaituo uh “Tate” tanpha Pasion in a huomsah hi.

GENESIS 2:15

Tuachiin Mangpa Pasion in Mihing khu a zawpi a, Eden huon kem ding leh veng ding in a koita hi.

GENESIS 1:28-30

Tuachiin Pasion in amauh guol azawl a, Pasion ma in a kung uah, “Chi tamtah suong in hing pung unlen, leitung luodim unlen, na thu thu un umсах un; tuipi a ngate tung ah, tung a leeng vate tung ah leh leitung a vah ganhing chinteng tung ah thu nei un” achi hi. Tualeh leitung a gamsa zousie, tung a leeng va zousie leh leitung a bohvah hinna nei zousie kung ah a hinna ding un annte-louhing ka pie hi” achia; tuachiin tuabang ahing hita hi.

LEVITICUS 23:10

Israel tate houpi inlen akung uah, ka hing pieh ding gam a na vatun ua, khum gam a bute na lah chieng un, na bu tha ga masate uh buphai khat Siempu kung a na hing tawi ding uh ahi.

EXODUS 22:29

Na thei min masapen leh na zukai masapen lat ding kiheh sinlen, na tapate lah a pieng masapen kei nang pieh ding ahi.

2. BANGZIEH A PASIAN KUNG A LAAN DING IHI UOI?

- a) Pasion guolzawlна i tante tung a lungdam thu genna leh a guolzawlна i innsung a, a um den theina ding in. Pasion guolzawlна i phawh thana uh ahi.

EZEKIEL 44:30 *Ga masa zousie lah a a hoipente na sillat chinteng lah ua hoipente leh na kithoina chinteng uh Siempute a ding ahi hi. Na innsung ua guolzawlна a um den theina ding in, na anntha huon masapente uh Siempu kung ah na pe ding uhi.*

MALACHI 3:11 *Noute zieh in na haichi uh negamte ka phawh ding a, ama un na leigate uh a suse sih ding ua, na lou ua grepguite zong nou a ding in galou in a um sih ding hi.*

- b) Thupieh ahizieh in Pasion kung ah i laan ding uh ahi. Tam khu ngetna leh chielna zong ahisih a, thupieh, bawllou theilou sil ahi hi.

LEVITICUS 23:10

Israel tate houpi inlen akung uah, ka hing pieh ding gam a na va tun ua, khum gam a bute na lah chieng un na bu tha ga masate uh buphai khat Siempu kung a na hing tawi ding uh ahi.

EXODUS 22:29 *Na thei min masapen leh na zukai masapen lat ding kiheh sinlen, na tapate lah a pieng masapen kei nang pieh ding ahi.*

NEHEMIAH 10:35 *Kum chin a i lou a pieng ga masapente leh sing zousie ga masapente zousie Mangpa inn a tawi chiet ding chiin dan thu ka bawl uhi.*

DEUTERONOMY 26:2 *Mangpa na Pasian un ahing piehna gam leitang ga tung masapen chiet uh na hing tawi ding ua, seu sung ah na koi ding ua, mangpa na Pasian un Amin umna ding a, ahing guot pieh ding mun ah na pei ding uhi.*

- c) Mangpa pahtawina in i laan ding uhi (Thupilte 23:9). Mangpa kung a i lungdam chieng ua, Ama i pahtawi uh khu thu mai hilou in sep-le-bawl a, silpieh toh i pahtawi ding uh ahi. Khut guoh a na hing pei ding uh ahisih chi ahi.

THUPILTE 3:9-10 *Na nei na lam leh na louma a ga masate zousie in Mangpa pahtawi in. Tuachiin na annbuhte khu ahing dimlet ding a, na belpi liente zong uoin tha in a dimlet ding hi. (KJV)*

Mangpa jatat inlen, na gamsung a ga hoipen ama pie in. Tua bang a na bawlleh na annsal ah ann hing dimlet van, greptui zong na koi seng zawlou in na nei ding hi. (NIV)

- d) Adangte a sienthou theina ding a siensuona ahi. Ga masate i siensuo zou chieng in ei neh ding haichi ga dangte zong a siengthou bang a ngai ahi hi. Ahuite a sienthouleh abate zong a sieng ahita hi.

ROMANS 11:16 *Aziehpen aga masa a sienthou nah pouleh, a lompi zong tuama bang in a siengthou hi; tualeh ahuite a sienthouleh abate zong tuama bang in a siengthou hi.*

- e) Van ah gou kikhoh ihi uhi. Mangpa a ding a silpieh ipieh pouma khu leitang apat van Bank a gou khol ihi uhi.

MATHEW 6:19-21 *Lei a nget leh sam eeh in aneh sietna ah leh gutaten aphevang ua, a guh theina uah gou kikhoh sih un. Hinanleh van ah, nget leh sam eeh in a neh siet louna leh gutaten a phevang ua, a guh louna uah gou kikhoh zaw un. Aziehpen na gou umna mun ah na lungtang u'zong a um ding hi.*

Thü tuomtuom leh Thumpi dingte



1. Pasion lungsietna leh mapuina toh July ha ah i lut tou kiata ua, Half Yearly Audit zou in Pasion lungsietna toh ZPWF Thumkhawmna hun zong Presbyterian Church of India, Lailam veng (ZPCS) ah zah ahia, lawching tah zaw ahi tah zieh in Pasion kung ah lungdam thu tut va ui.
2. 22 Vei Synod Vaihawmna Khawmpi phasah bang in tu kum Evanglist khat leh Hamsapara a ding Headmaster leh Assistant Teacher lahma um hi. Tam Semtu kilahna ah Mr. Lal Lian Mang lah ahia, ama leh Evan. Hauminlian ten July 1, 2026 in a join ta uhi.
3. 22vei Vaihawmna Khawmpi thuphasah dungzui in July 11, 2026 (Kiginni) in Presbyterian Church of India, Zomi Colony ah Choir Conducting Seminar nei ahia, tuanah Mr. V. Thangbiaklal, EBC Music Pormoter in Resource person hina hing lahpie in lwching tah a zaw ahita hi.
4. Khawmi thunuasie ma, Suolam Biel Pastor Quarter lam zawlou a um pen zaw ahi tah toh kituoh in July 12, 2026 (Pasianni) in P. Salem, ah Rev. Khamminlian, Synod Moderator in honna neita a, Pastor in zong luota hi.
5. Tu July kal tawpna khu i Synod pei dan ngaina bang in Haitha hun a hing hi kiata a, Pasion min ei a ding a, a hing bawlsahte theisiem kawm in Lungdam thu tutna hun in lim leh kipah tah in eima Hattuum chin in hoi i sah bang chiet un bawl sawm chiet va ui.
6. 22nd Session thuphasah bang in Pastors' Retreat Synod Office ah July 8, 2026 in nei ahia, tuanah Rev. C. Lalremruata, Partnership Consultant, Mizoram Synod, Manipur Area kizang i Pastor te a hing tel thei chiet ua, lawching tah a zahzou ahita hi.

AHUN HUN A GA ZEL HINKHUO

- *Upa S. K. Khama*

“Tua bang mite pen luigei a singkung pou, ahun ahun a ga zeel, Ana zong vul ngailou bang ahi ua, tuachiin abawl tapou amuolsuo uhi” (Sam 1:3). “Tuachiin, ama khu luigei a singkung pou tui sunga hui hasuh peh toh kibang ahia, khuo ang vah chiengin, a lungkham sih a, anate anou den veve hi. Guo zuhlou chieng zong a lung himaw vawt sih a, a ga zing leng hi (Jeremiah 17:8).

Gingtute hinkhuo khu sil dangdang toh gente ahizel a, hinanleh tam na i Bible taang tel Sam gieltu leh guolnei Jeremiah te’n tuipei/tuiluong panga singkung pou bang a agente uh ahia, gingtute hinkhuo umzie khu ahing theikhesah hi. Tam mi thu kigen laiin Khrist hinkhuo khu mit a mu bang in kilang sih nanleh, Pasian (Jehovah) gingu chi leh tulai a tapidawte hinkhuo akilamdanna a um sih hi. Gingtute hinkhuo khu luigei a singkung toh akigentena santah khu hinna khu tui a muthei luigei a singpou ahi zieh a kholum leh khovot lai a zong vul ngailou a hing zing thei a, ahun tah a aga zel thei nasantah khu ahi. Tam gentena thute apat eite zong ikivelchien ding uhi.

Tapidawte hinkhuo tamtahte khu “taang ga” ahun lou a aga banga piching theilou itam uhi.

Ahun lou a ga: Singkung ahei huon haichi ahei khat a ga hun lou a ga a um zel hi. Ahun hilou a gate khu a piching thei tahtah sih a, inehlezong tui thei tahtahlou, amin ding bang a zong minlou a tuol ah aga apulkhie zel hi. Tuachia ahun tah a galoute khu Upate’n “a taang ga” achi uh khu ahi. Gingu tamtah te zong khu taang ga

bang a piching theilou, gingu tamtah iumkha leng ua, i gate uh umden theilou in ihatmawpi zel uhi.

Anate hing zing a, ahun ahun a ga zeel: Tuiluong/luigei a singkisun khu tui in atapnou zing ahi ziehin anou/anom zing a anate zong vullou in a um zing thei hi. Ahin zing thei ziehin akungte zong kilawm in auoi ngii ngei a, ahun tah in aga khe zelleng hi. Ei tapidawte hinkhuo zong khum bangma ahi, chi i manghillou ding uh ahi. Mangpa Jesu’n, “Koizong tami tui dawn tapou dangtah kia van in, hinanleh zong keima pieh ding tui dawn kha tapou dangtah kia nawnsih va. Tua ka tui pieh ding pen khu ama sung ah tuinah in hing luong va’n, hinapie tui hing suoh in tuachin aman kumtawn hinna neita va” achi hi (John 4:13-14).

Tuiluong pang a singkung pou in ahinna leh agasuo theina tui a dawn bangin, gingtute khu Hagau siengthou tangtute ihi ua, i gate uh zong, Itna, kipahna, lungmuonna, thuohhatna, zainemna, hoina, ginumna, thunuoilutna, kidetheina te ahi (Gal. 5:22-23). Tam hagau gate

a pansan gingtute khu ahun ahun ah
aga zeel leng hi.

Bang hun ah e iga hun ding uh
ichi mai thei uhi. Tambangin hilchien
talei, gingu ihi zieh ua, huot a i um
cieng un, itna a iga hun, i lungkham i
mangbat laitah a, kipahna a iga hun,
igentheï lai tah a, thuohhatna a iga
hun, lunghan thangpai a mitung a
isanglen hun, thunuoilutna a iga hun,
neh leh dawn kilawmlou a i din hun
a, kidehtheina hun a iga hun uh ahi.
Koiman theisihna chia sorkal sum
leh pai dihlou tah a tampipi lahkhiat
theina hunte khu hoina leh dihtatna
a i ga hun ahi ding ahi. I huon a
theikungte khu a ga hunlou ahei in
hing ga zeltaleh nanawh isah ding
ua i sattan in i tomkhawm in mei ah
i haltum ei ahisihleh a pulang ah i
lehmang ding uhi. Hinanleh eite khu
ahunlou ah ga zel nanleizong Pasian
in gahoi a i ga ding uh a deina ziehin

ahing na ngah ngitngat hi. Tuachieng
tanpha a i gathei nahlai sih uleh i
khanthanhoi dawn pen uh khu a gasuo
thei namte kungah a pekheta ding hi.

Koiman a thei votlou sorkal
sum leh pai tamtah a thawn a ponglah
hunte khu 'hoina' leh dihtatna i ga
huntah khu ahi.

Tuaziehin unaute aw, i gam
ah gingu hinkhuo i ngaisut sut
chieng un lampi tuomtuom apat
in ki en talei a huntah a ga zel leng
hinkhuo khu i poimaw uhi. Khokhal
hun leh kholum khohsalou a, gasuo
thul tuomlou a ga zel khu i poimaw
taseng uhi. I hun peisate ah Pasian
a ding leh midangte adia i gasuo lou
uh ahi maithei a, hinanleh tu in ki
ngaisut in ahuntah a gasuo ding a pan
ilah uh a hunta chin i kideisah uhi.

Mangpa'n a thu guoljawlta hen.

PILNA KICHI BANG AHI DIEI?

*By- (L) Upa Langkhanmang @ T. Mangnou
Presbyterian Church of India, Tuining*

Pu Editor leh simtute teng I Pasian itna toh chibai kang buh masa hi.

Mihing gamah gamtatna khat phot khu hun toh zawh ahi ziehin Tangkou
Article tan ngalou (regular) taha ka thaw zoulou ziehin nuommaw kasah thu
ka puong hi.

“Tam pilna thu khu’ 2015 in Tuining Govt. Jr. High School ah Computer
Sangsye cum Devotion Chaplainer nasep lai a siemna zil naupangte a dinga
kul leh poimaw hia ka thei, Siemsinna (Education) zieha mite’n pilna mawh
mu thei ahilou dan sil poimaw hi a thei in, devotion thupiin “Wisdom,

Understanding, Knowledge” chi te kana tel hi. Tualeh keima ngaituona ah tam thu manpha kasah seng ziehin Tangkou tungtawna thezah kang nuom sawnta hi. Laimai atawm theina ding deina ziehin i houlim nop pen pan pai maitalei: “Pilna kichi bang ahi diei” thupi tungtawn in anei a banga mu thei ahiding hi.

Pilna kichi bang ahia chi kammal dawnna khu “Pilna kichi khu mihing hinkhuo etlawmna chabi (key), Rubi suongmantam sanga thupizaw, bangma dang toh tekah thei vawtlou khu ahi (Prov. 3:15-18). Tam thu umzie khu Pasian opkhumna nei, heisung mun khat phot a mihing hinkhuo a dinga siemna (Skill) a tam khu mihingte’n i damsung hun hoi ineisunga lampi hoizawta tawpna hoi inei theina khu ahi hi.

Pilna bangchi sui ding e? Amasa’n pilna khu tung lama hing kipan ahi bou ziehin Pasian khutsunga um ahi (Prov. 2:6). Tam munah sapham in chi se lei, ‘wisdom’ (pilna); ‘Knowledge’ (Thusungkul mutheina) ichi mai ding ‘understanding’ (khentelthei pilna or sie leh pha theikhen theina) chite ahi lai in Jacob 3:17 a imu dan in belap deu talei pilna khu lei lama hing kipan pawl zong um hi chia zong genthei ahi. Aziehpén, Tunglam a hing kipan pilna khu “Achilin a siengthoua, lemna a dei a, anun nema, ahounuom a, itna leh ga hoite toh akidim hi” Tuate panglou pilna zong aum kia a; agasuo khu buoina, nawngkaina, thangpai huoina, hasiethuoi vangutna, nohpahna houthei leh

houmaw neina etc-te ahia, tua zong pilna hinapi’n Bible hama Pilna kichi pen ana hi sih a, neilam apat toukhan nam pilna ahia, khumi’n mihingte lahah buoina leh kituomawna etc-te ga asuong hi.

Pilna heisunga um ahi diei? Pilna khu Sangsyte-te apat leh lai tamsim zieha nei ding ahisih a, aumna jong heisung ahi koima’n a thei sih hi. Khentelthei pilna khu heisunga teng e? (Job. 28:28; Prov. 1:7; cf.9:10). Pilna khu silhing chinteng mita pata phuolguh (hidden) ahia, tualeh, tungleng vasate apata zong ki-im (concealed) ahi. Tuithuhipi’n (the deep) kei sungah aum kha sih a; Tuipiin, kei toh zong a umkhawm sih hi, ana chi leh sietna leh shina in pilna thu kigen (rumor) khu kabil uah ang tung hi (Job 28:14) achi uhi. Tua ahitah ziehin Pasian bou aumna a thei hi (Job 28:28).

Pilna i nei theina ding khu: Pasian giin khu ahi (Prov. 1:7; 9:10; 15:33; Late 111:10; Thugenpa 13:13). Pasian giing (fear) chi umzie khu amasanga kingaangiemna leh lamdang sah leh zatat toh thuo kawma um khu ahi (Thupil 15:33). Tualeh ama i damlai hinkhuo nasep silbawl khat phota i kingahna pipen leh ei siempa ahidan theina zong ahi.

Bang dinga mi tawmnou in tam Pasian giinna anei giap e? Tam leitung hun tomnou khat sunga muthei silte kingahna zieh ahipen a, kumtawn a ding Pasian thu vang mutheilou sila ki ngah ahi (2Kor. 4:16-18; 5:7). Dam sung a dinga i hapanna te’n ei thuzaw in mutheilou khelin muthei silte i

buon uhi.

Bangte'n kumtawn manphatna ei pethei diei? Tam deitena khu ginna a ki ngah ahi (Alang theite leh sil umdan sanga Pasion ginna) tualeh, ginna khu kingah ngamna a kingah ahi kia hi.

Ginna ah bang ichi khantou thei diei? Pasion a ikingah ngam theina ding khu Pasion i thei dana kingah ah itheichet pouleh, i kingahngamna khu ang sang jel ding hi.

Pasion theina lamah bang ichi kibelas thei diei? Pasion i nai theina khu thumna tungtawnin i kihou a; Pasion thu tungtawnin a aw i ngaikhie hi. I theina a gil nah leh i it sem dinga, tualeh i hinkhuo ah ama deilam kidawngtuo in a um ding hi. Pasion ginna khu mihing khat imuon tobang ahia, tualeh kingah ngamna khu gamtat leh nasep ah ang kilang thei ding hi.

Phatuom ngai leh deisahna toh maw! taha i houlimnate achingla leh a val bangtobang aum khah leh tuate theisiem kawma koiin Mangpa'n tam thute tungtawnin Pasion theina lamah ga hoi suong dingin simtute zousie guol ei jawl chietta hen. Kipah ing.

Lunggim na zousie ama sieng ah tun in

Nitakhkhat lungmuong tah a lupna tunga kana lupleh ka phone ahing ging a, ka etleh message khat ana um a, hichin ana kigiel hi, "kang houpi thei diei"? akichi a, ken zong lungsim

kihongtahin nagen ut ut hinggen in thusie thupha ahita in zong ahing poimawta pou ading in kot hongzing ka hi kachileh alungkhamna zousie leh alunggel bangkim ahing sung khe ta hi. Tuabep in kenzong kathei khamkham in leh panpi thei dandan in Pasion thu kana kuppi a tualeh Bible tanghoi kasah sahte kathot a asim dingin kasawl a tuachin aban kagenjel hi. Amanu pen innsung hasatah a pan khanglien ahia tuamai hilou in anu leh apa nangawn zong zu leh sa toh khovel nopsahna chinteng a kibuol ahi nalai uhi. Tuachia hinkhuo hasatah ahing mantou zellai in aman zong anu leh apa tung a hasia leh lungthah kisa in khovel nopsahna chituomtuom te ah anu leh pa nuazui in ahing kibuol panta hi. Tuachia lungnopna ding leh lungkham henepna ding chia khovel nopsahnate a akibuol vangin ahinkhuo ah nopsahna kipahna himhim anei dieh sih a, lungnopna sang in alungkhamna ahing kibelas zaw deudeu ta hi, tuachin ahinkhote kining in ama leh ama zong ki it zou nonlou leh kingaise tah a hinkhuo aman lai in nikhat mahni kithat (suicide) maiding akisa a hinanleh vangphat huoitahin alunggel ahing kikhel a achi thakhat in ahing tuun a, aki that ngam tasih hi. Tuabep in alawngaina theilou in alawmhoi pen keima kungah alunggel leh ahasatna teng ahing genkhe khongta hi. Tuachia alungkhamna leh ahasatna zousie ahing tutlai in a lawmhoi keima bang malou pen hinanleng zong kahithe natawp in kana

henem a tualeh a, lungkhamnate kei kunga atunzawlou a lungnopna chikim neipa Pasian kunga tunzaw dingin kale ngetzaw ta hi. Tuachin amanzong ka Bible tang gente leh kathugente hoitan ahing nangaikhiet sah a ana simzel ta hi. Amanzong Bible simzel leh thumkawm a hinkhuo ahing mantou nua a hakhat chin ni in tambangin thu ahing tunkia hi “Kipah mama ing nangzal in kalungkhamnate leh Setan suoh a kapan nate apatin hundamna kangata a tuin Jesu Khrist khu ka Mang leh Hundampa dingin kapomta, ka kipah mama hi” chin ahing gen a keizong lungdam leh kipah sengin Pasian kungah kipathu kana tutpi ta hi.

Tam atunga ka gen numeinu hinkhuo thusim khu kei leh kei kitoisang nading leh kei leh kei kipahtawina dinga kanggen ahisih a, sil bangkim Pasian kunga itutle kilawsam ngailou leh kikhiel ngailou ahi chi hing tahlang ut kahizaw bou hi. Eite lah a zong mi khenkhat tua nu hinkhuo bang leh tua nu hinkhuo sanga khohzaw leh hasazaw dinmun a ding leh thuohzaw zong i um khah ding uzong gingtat ahuoi a tuazieh a, Pasian silbawltheina latsahna leh etsahna ding a kang tahlat leh kang gen ana hizaw hi. Mihing hinkhuo kichi pahpe bangmai ahi a hunkhat chiengin kipahna aum a hunkhat chingleh gentheina aum jel hi, tua ahileh mihing hinkhuo pen bangmalou china ahi. Nangzong nichin na hinkhuo manna ah kipahna in ahing bom gige sih ding a, tuasang

in hasatnate leh gentheinate in ahing bomzing zaw khading hi. tuahun chiengin nangzong nahinkhuo na kiningtel khamai thei a nang leh nang zong nahingkhuo naki lahsawm khamaithei hi. Leitung ah lungnopna ding nasui dinga nanleh namu zousih ding hi, aziehpén Pasian bou khu lungnopna bulpi ahijiehin leh a silsiem sate kal ah lemna, muonna leh lungnopna himhim aum theilou ziehin mihing leh mihing ki henepna in sawt adai sih ding a tualeh lungmuonna ichizong mihing in Leitung ah kimu ngailou ding hi. Pasian kung loungal ah tuaziehin tuabang hinkhuo hasatah a dingkha nahileh bangkim bawlthei leh nang hing siemtu Pasian kungah thum in lungmuonna ngen in nalawsam ngeingei sih ding hi.

I Peter 5:7 “Aman ahing ngaisah jiehin nalunggimna zousie uh Ama tungah nga un” chia imu bangun ilunggim nate, ihasatnate zousie Pasian kungah tunvai kitungkhiel mawngmawng lou ding hi tualeh na lunggimna zousie zong abei ngeingei ding hi. Unau mihing ihi a, Leitung ah hasatna, lunggimna, natna chituomtuom i tuohzing khading a, hinman umlou bang in zong iki ngaitua khamaithei ding hi, tuahun chiengin lungmuonna sui in nalawi napai, nanu, napa, na innsungmi tung ah na lunggimnate natun khamaithei ding a, nanleh tomkhat sung nalung amuong dinga, nitha hatha namu jel bangin nalungsim zong ahing thajel dinga nanleh sawt adaisih

ding hi, aziehpén lungkimna bulpi
Pasian kunga na tutkhah lou jiehi in
nalunggimnate atha in ahing suohle

ding hi. Tuaziehin ilunggimna zousie
imihing hipite kungah tun zawlou in
Pasian kungah tunzaw vaui.

KOI NA LUNGUL EI?

Late 42:1-11 (1 & 2) Sakhi in lui tui luong dieldiel alunggul bangin, Aw
Pasian, ka hinna in nangma ahing lunggul hi. Ka hinna in Pasian angai
a, Pasian hing ngai in adangtah hi, bangchih chienga Pasian kunga
tungin, Amasang ah ka kilah thei diei? (Korah tate lapi Maskil)

Late 84:1-5 Aw galkapte Mangpa,
Na biehbuh ngaihuoi hina va-
ia e, Ka hinna in Mangpa inn
huongsung angai nama a, ahi,
aba vawt hi. Ka lungtang leh ka
tahsa khu Pasian hing ngai in
akikoukhie hi. Vatou na ngawn in
tenna ding inn amu a, Sielpaleeng
in zong ama dingin anoute koina
ding bu aki nei hi. Aw galkapte
Mangpa ka leengpa leh ka Pasian
aw, tuate khu na mai tamte ahi
hi. Na inn a teng mite ahampaha
uhi, Nang ahing phat nalai ding
uhi. Selah. Nangma a hatna nei
mi ahampaha hi, alungtanga Zion
zotna lampi lunggul khu.

2 Lengte 7:1-20 (2 & 17) Tuachi'n
galkap lamkai akhut a leengpa
kingapna khat in Pasian mipa
adawnga, "En in, Mangpa'n van
kottate ahon ding leh tambang silte
apieng diei mah?" achi hi. Tualeh
Elisha in, "Ngai in na mit in na mu
ding a, hinanleh na nekha sih ding
hi," achi hi.

Tualeh leengpa'n akhut angapna
galkap lamkaipa khu leengpa'n
kulpi kotkha veng lamkai dingin
aguot a, tualeh kulpi kotkha ah
mipiten amapa atuonchil ua,
Pasian mipa'n akunga leengpa ava
hawsuh lai a agen bangin ashita hi.

Covid leh Jesu Khrist apat bang?

- # Covid in hing buoisah in
zauhuoi mama hi.
- = Jesu Khrist in Thovenna leh
Lungmuonna hing pie hi.
- # Covid in natna hing tun in
hing that hi.
- = Jesu Khrist in hing tankhie in
Hinna hing pie hi.
- # Covid in Biehinna a hawmsah
lai in
- = Jesu Khrist in han hawmsah
in thawkiana ahing pie hi.
- # Covid ziehin nasem theilou in
I um uhi.
- = Jesu Khrist in bangchih lai pou
in Hagau nasem thei ding in
hun hoi hing pie hi.
- # Bangzieh a Khristian hilouten

- Covid zau deu se uh adiei?
- # Mihingten mishi a vui uhi.
 - = Jesu Khrist in mishi vui ngailou in mishisate thoukiasah ahi.
 - a) Meithaini tapa neisun (vui ding a kipuo)
 - b) Zairas tanu kum 22 (Lupna tung a shisa a lum)
 - c) Lazarus (ashi zou, han a kivui kalsie ni 4 phasa)
 - # Gamsung buoina Meitei toh buoina hun ah bang na lunggul ei?
 - # Tahsa hinna maw? Hagau hinna"

Korah tate koite ahiei?

- = Korah khu Mosi tupa ahi hi. Biehbuh sung a lasate leh nasep tuomtuom semte ahi uhi.
- = Samuel ngei zong Korah hah leh suonte lah a khat ahi.
- = Israel tate Kanan gam zuon a a pei lai ua, Mosi tung a hel bawl a pangkha Korah ahia, ama tate ahi uhi.
- = Korah, Dathan leh Abiram helna (Num 16:1-50).
- = Tam helbawlina ah mi 250 a shi lai un Korah tate a shi sih uhi (Num. 26:11).
- = Korah taten La 11 a bawl uhi.

David in Pasian Biehinna a ngaidan (Late 84:1-5)

- = Na biehbuh ngaihuoi hina va-ia e
- = Ka hinna in Mangpa inn

huongsung angai nama a, ahi, aba vawt hi.

- = Ka lungtang leh ka tahsa khu Pasian hing ngai in akikoukhie hi.
- = Vatou nangawn in tenna ding inn amu a, Sielpaleeng in zong ama dingin anoute koina ding bu aki nei hi.
- = Na inn a teng mite ahampha uhi, Nang ahing phat nalai ding uhi.
- = Nangma a hatna nei mi ahampha hi, a lungtanga Zion zotna lampi lunggul khu.

Samari Kiel laitah a gingtalou pa (2 Lengte 7:1-20 (2 & 17))

- # Samari kulpi khu Siria galkapten a um chimit uhi.
- # "Samaria kulpi kotkha bul ah tangbuong nel, tena khat shekel khat in azua ding ua, barli bu tena ni shekel khat in akizua ding hi," achi hi.
- # Tuachi'n galkap lamkai akhut a leengpa kingapna khat in Pasian mipa adawnga, "En in, Mangpa'n van kottate ahon ding leh tambang silte apieng diei mah?" achi hi.
- # Tualeh Elisha in, "Ngai in na mit in na mu ding a, hinanleh na nekha sih ding hi," achi hi.
- # Tualeh leengpa'n akhut angapna galkap lamkaipa khu leengpa'n kulpi kotkha veng lamkai dingin aguot a, tualeh kulpi kotkha ah mipiten amapa

atuonchil ua, Pasian mipa'n akunga leengpa ava hawsuh lai a agen bangin ashita hi (tang 17).

- # “Zing chieng tuhun velin, Samaria kulpi kotkhah bul ah, tangbuong nel tena khat shekel khat in tualeh barli butena ni shekel khat in azua ding uh chia ana gen ahing tangtung ta hi.”
- # “Ngai in, Mangpa'n van kottate ahong ding adiei?” achi a, Pasian miin, “Ngai in namit in namu dinga, na nekha sih ding” ana chi khu; 20Agen dungzui in atang tungta a, mipi in kulpi kotkha bul ah atuonchil kha ua, a shi ta hi.

Eite a ding in...

- # Buoina i tuoh hun chieng un Pasian i lunggul uoi? Oleh Neh ding maimai ngaituo ihi uoi?
- # Korah taten Pasian a lunggul bang un i lunggul zou uoi?
- # Samaria kiel lai a galkap lamkai akhut a leengpa kingapna Miliempa toh Mangpa I ginna bangtan in a kikhie ei?
- # Elisha in, “Ngai in na mit in na mu ding a, hinanleh na nekha sih ding hi,” achi a, a tangtung bang in “KiLamkai sah, Kiliensah leh suonpen” ihina zal in Kotkhah ngah a um in Hagau guolzawlina mu ngal a,

tanlou thei ahi.

- # Biehinn kikai theilou chia phun bangzat Biehinn kai belap?
- # David in Pasian thainil a zatat a, Saul that thei ahi lai in zong a that nuomsih hi.
- = Hagau lunggul hilo a Lamkaite dem utna lungsim zong um thei hi (2 Samuel 1:14-16).
- # Korah taten a Pa un Pasian mai a asil bawlkhiel leh a thuohnate a thei ua, tuaziehin mangpa kung ah bitna um hi chi thei in a hinna ding un Mangpa a lunggul uhi.
- # Sardis Hattuumte: **Kihilna 3:1-2** Shi napi a hing min puo.
- # Laodisia Hatgtuom: **Kihilna 3:15** “Na nasepte ka thei hi; lum lah lumlou, vawt lah votlou a na um pen, na lum leh lum vanglah in, na vawt leh vawt vanglah lachin ka dei hi.
- = **Kihilna 3:17** Nangman ka hauta, ka neizouta a, bangma ka tasam sih na chi hi, hinanleh mi genthei, hepihuoi, tasam, mitto leh guohtang, na hi lam na kithei sih hi.
- = Gilkielten a gilkiel lam theilou leh ann lunggullou
- = Dangtahten i dangtah lam theilou leh tui lunggullou
- = Mittaw i hila kitheilou
- + Tua khu damlou china ihi uhi.

AMA GIMTHOUH KHAWH SALOU IN

By:- Upa Thangzasuan
Vaal Veng

(Mathai 16: 24-25). Tuachin Jesun anuazuite kung ah mi koi in zong ahing zui ut leh ama gimthuoh ding khohsa lou in a Cross puo in hing zui heh, koipou ahinna humbit ut in ataan ding a, koipou kei mazieh a ahinna taan in amu ding hi, achi hi.

Thumapui: Hun leh nite aliem zel a, theilou kal in kumkim khat bang ana liem man ta zel hi, hinanleh Mangpa i Pasian in hun hoi, hunpha ahing pie a chidam ludamna ahing pieh nalai zieh in, Mangpa kung ah nuomthu igen masa uhi. Tuni a izil khom ding in ama gimthuoh khohsalou in chi ka hing tel a, houlim khawm ulei chi ka hi. Mihing tepen gimthuoh ding khu izau mama ua, koiman imai ngap mawngmawng sih uhi. Eima tha awl na ding leh nopsah na ding ngen ilung gul chiet uhi. Tuabangma in Pasian gam na zong sep isawm uh abang hi, hinanleh tuabang a, genthei thuoh ngap loute leh gim leh tawl ding zaute Pasian in zah a sawm mawngmawngzelsihhi, Pasian zah lou in nasemta lei aphatuom dan diei? Ngaituo huoi isa hi. Tulai in igam uah Pasian mizah minthang tahtah thugen siem atam mama a, enhuoi zong isa uhi. Bang zieh a hichi minthan tuom uh adiei ichi leh gim gentheina tampi thuoh a

shina luigal na kan ngamte ahi uhi. Koipou ahinna humbit ut in ataan ding a ka minzieh a ahinna taan in amuding hi, achi umzie khu gimgenthei na thuoh ngam louten akhoh zaw atuoh ding a ka minzieh a gim leh tawl thuoh zou ten minthanna atang ding achi na bang ahi. Tuazieh in Sawltah Paul in Khrist galkap hoitah bang in genthei hing thuohpi un, ana chi mawng hi. (2 Tim. 2:3).

Bang zieh adiai? ichi leh gentheina thuoh masa lou in nopsah na leh minthanna akitang masa thei sih hi. Mousi in Israelte apui masang in puipa muonhuoi akichi ngai sih a, Joseph in gentheina teng athuoh masang in saplien in apang masa thei tuom sih hi. Tuazieh in i Mangpa Jesu mi koi in zong ahing zui utleh ama gimthuoh khoh sa lou in a Cross puo in hingzui heh achi ahi. Gim gentheina thuoh ngap louten hing suminse giap uh, tuaziehin hing zui vet uheh achina hi e guoi bang ngaidan na nei uoi?

Ahihang in Jesu nuazuite genthei teitei ding a thuoh ngeingei ding china ahi pai sih hi. Amabou thuohna mun a thuoh ngap ding leh doungap ding a hangsan ding china ahi zawhi. Khovel dan a zong i et leh mihangsan ten sil thupi tahtah ama naw ua, ama hinna guoh hilou alawm a guol te hinna zong ahumbit ua, minthanna zong a tan be nalai uhi. Hinanleh ameipuo ten alawm a guol gentah lou ama hinna na ngawn ahum bit zou sih a, minsiet teng akhu nalai hi. U leh nau te aw, hoitah in ngaituo un Pasian gam na isep na uah, hichi kha leh khuchi kha leh chichi lou ding ahi, ahi bangbang aum bangbang noh ngap masah ding ahi. Ross pah khu apah ahoi mama hi, hinanleh aliing ahiem mama zel hi, aling atam tam toh hingsun khava ichi leh pen law ngam ding dan ahi sih hi. Ka gen ut pen ahileh ahing ngaituo lou ding ahingsut ding zau masah lou ding ahi. Va lou phot himhim ding, ahing na sut tah leh thuoh ngap ding ahi, tuabangte ahi khu Mangpan ana sem ding a adei.

Kum 20 peisa lai a ka siltuoh khat ka hing gen ding hi, Singngat katen lai uh ahi. Date 26 May 2006 Synod imu zou a Mission khawmpi masapen tunkim ni in band ahing um khelkhel hi.

Hinanleh haw teitei ding chi in keng a peipi ding kahing kan ta hi. Tulai bang a Phone a um nai lou ziehin akan dan ahasa mama mai hi. Atawp tawp in S. Vengnuam ah Upa Kapsuon te nupa leh Numei ni (2) ut chi ka hing thei ta hi, tualeh Tangpijol ah Unaupa Pumkhanhau zong ut chi ka thei be kia a, ka kipah mama hi. Thu kizahna aha seng ziehin zinglam 10:00am in Singngat khomuol ah ka kisutuo zou pan uhi. Lamka pen 32 Km ahia, nikhat vingveng lampi ahi. Hinanleh awlmaw lou in kakizui suh ta uhi. Ani sat vingveng nou toh Belpuonte khotoh chieng kom katun un, dah (12)ahita hi. Mihing ngaituona ah vang atung zoulou ding sa kahita uhi. Hinanleh Mangpa Pasian in tunsah teitei hing sawm ahi ngei ding a, Lamet phah lou Gari ging kahing za ta uhi. Pasian phat in umta hen, Amen Tata lienpi khat ahia, katuong suhta vongvong uhi. Tuami khu ahi, Pasian min a thuoh ngapte apanpi dan ama min a kalsuon ngapte Mangpa agenthei ding aphallou ahi. Hing mangngil lou ahi, Halleluiah Mangpa min phat in umta hen.

Nitah dah 4:00pm in khompi na mun Central Church ka tung hieu uhi. Ana umten bang a hing pei la? Ang na chi ua, keng a hingpei

ka chi uleh koi vevaw mama bang
nagim ut na uoi? hing na kichi san
Unaupa Tuollienmang in nouteng
in Synod sung a Record khat bawl
doh uchie ahing na chi hi. Ka gen
ut pen khu Pasion min a nasep,

kalsuon gim masah lou ding ahi.
Pasion imu lou ahi. Hing mangngil
mawngmawng lou ahi. Mangpan
athute hing guoljawl pieh taken,
Lungdam e.

INNSUNG AHOI LEH

*By:- Upa Khupsuankham
LDCC Hiangzou*

Eph. 5:23, Late 127:1: Khokhat, Hattuam khat, Association khat, Society khat a dingin ikul uh innsung ahi. Innsung a ikipat dante uh adihlou chiengin “Khanglai tongnem, innsung tongsie”, Upaten achite uh aum a, innsung khat pou pou ah “Pa a um a, Nu a um a, Tate a um a, tute a um hi”. Amauteng khu innsung khat ahi ua, amaute apat a bangkim kipumkhatna, kithutuohna, ki-ittuohna, kideisahna, kithuohpina, a um thei leh innsung hoi leh khangtou ahi ding a aum sih leh innsung hoi chi thei dan hasa ding hi. Innsung ichi nei leh lam iki tanna mun uh ahia, atui a al, atuimaw inehkhawm na mun uh, anop aha ithuoh khawmna mun uh ahia, igiekhawmna uleh itenkhawmna mun uh ahi. Koinu, koipa in zong a innsung nop leh khangtou ahi ding idei chiet ding a, hinanleh zong tuabang hina dingin nna tampi sep angai a, thuhoi tampi gen angai a, khat leh khat kikap thei aphamaw hi.

I. Innsung khangtou ding i ut chiet uh gintat ahuoi hi. Innsung khangtou ichite bang tobang e chilei a dawnna thei tei ahia, tuate khu chini ahi:

(1) Innsung = Tasahlam a khangtou. -----

(2) Innsung = Hagau lam a khangtou chite ahi pen ding hi.

loute: Tahsalam ichi chiengin itahsa a hinkhuo uh akawh hi. Tahsa hinkhuo a ishi masang uh ahing ann neh, tui dawnna a hing hinan uleizong akhangtou a hing i um ua, a khangtou lou ahing i um uhi. A khangtou loute -
- Tate laisiemna lam ngaisahlou...
- Tapsah, taphang, innsung, innmai thanguoi niainuoi ..
- Um leh bel tuoh tuona akoi

II. Tahsalam a innsung khangtou

- Puonkhaina chintoh neilou
- Kisusieng vatelou, namsie letlut
- Milah a puon kilh lou a vah
- Bazar a underpant toh vah
- Pasian thu ngaisah vatehlou
- Biehinndah ginlam theilou
- Tate, naute thuhoi hildan theilou
- Zudawn pilna a ngai
- Mi toh kihousiem lou

Innsung khangtoute ahi leh:

- A sepna utoh kitoudel thei lou (balou)
- Pilvang tah a lunggel zing
- Sil leh ten se nanleh zong siengthou
- Bua nemnom lou
- Ngaitua khawh/khawhlou chi khentheih.
- Thuhoi/Thupha bawzui tinten
- Min thu ahil leh ngai khinkhien
- Pasian zatat a giing
- Sep leh bawl ngaikhawh
- Mite lungdamsah dan siem
- Lungthah leh zong puohdan siem
- Siemna pilna ngaikhawh
- A phatuom lou ding silte a kitulut lou....

Gentam vateh lou in zong mi inn a ivah chieng mite innsung kepdan keplou dante leh innsung a mite kihuo dante, khosahna tangpi

apat zong theitheih ahi. Tua igente uh eiman iphat dan utoh kituoh a igen uh ahi. Nie leh lam khantouna kikep dan a khangtounate ahia, abul khu kithutuona, kideisahnate, ki-itna, toukhawm theina leh sephawm theinate ahi. Genkhiel leh bawlkhiel zieh a innsung kituo kha i um leh zong lungsim a kipoden lou in ngaidam kingentuo thei a kingaidam tua a asie, apha te phobut thei khu khantouna leh pilna dei huoi ahi. Silsie apat a silhoi a mi lungsim akihen chiengin khantouna kipan ahita.

III. Hagau thu lam ah, (Luk 11:1-13). Hagau thu lam ah ichi leh Pasian thu akipieh lam ichina uh ahi. Mi khat galkap a pang a Pension tan pang zoute mi taima leh nasep hatte leh mi kukal ahi uhi ichi bangin tahsa hinkhuo a khodahthei deute khu hagau lam a michitahte ahi deuse uhi. Pasian a ginna tukip a thumna silpieh leh ginna nasepna dang a hat khu tahsa nasepna ah zong etton tah ahi uh chi tampi muthei ahi. Mi piengtha leh Mangpa it a ngaina miten a umdan uh, agamtat uh, akamsuo uh midang a ding in lungdamna asulang thei hi. Piengtha hoitah ama hagau leh Pasian hagau kisutuo in Pasian ta tahtah akilang hi.

I innsungte uah hagau lam thu ah a piengtha bangzat i umta uoi?

- Pa apiengtha ei?
- Nu apiengtha ei?
- Tate, itute apiengtha uai?
- Sawm-a-khat apedih na uoi?
- Tate silpieh a Pasian bieh a ngaidan ihil ngai ta uai?
- I innkuon un Pasian phatna lasah leh Bible tang izilkhawm ngai ta uoi? chite bang hagau thu a ngaisah ding china ahi. Nikhat sungin bang hun amakhath ah kikhopna hun tomnou khat mankhawm amanpha hi. Pasian mi hun bang in bang hun hitalehzong ei pate/ nuten tate Pasian thu ihil chieng un:-

- (1) Hun sausah lou ding
 - (2) Taangtel kitup, umzie nei telsa a koi ding
 - (3) Thu vantang mohgen lou ding
 - (4) Thutah leh i gennop pen saulou a gen ding.
-

Tua thu khu naupangte lungsim ding etna, aban ah “Hope” aneina ding uh chi, Bible sung ah tangthu ngainuom leh etton ching te khawmkhawm a siem tah a hil ahoi a, tua khu hagau ann, anntah ahi. Innsung a ipientha kim masangsie un apiengtha lou pa/ nu apiengthana ding un khawmpi, chielpi manna hun siem ahoi hi. Tualeh ahitheis laisie Biehinn kai pongpan ulei aphatuom a, sep leh bawl nuasie zen a, Biehinn ikai masangsie uh Pasian ibiehna uh NGAIKHOHLOU ihi nalai uhi. Sun leh zaan a loukuon a, Lamka haw-na, Phaipi haw-na, Singngat haw-na, munkhat a haw-na ginna kikhop ngaplou in inn khat a biehinn kaite toptan tou nalai chite ihi uh amah? kisiemphat hun ahi.

Mangpan athu guoljawlta hen. Amen.



HUNDAM KITHEI CHETNA

Tam khu gingtu mimal in, Jesu Khrist tatna nasep zieh leh Ama Jesu Khrist man in Pa Pasian mai a hing ngetsaktu a hizieh a, Pasian in hing ngaidam mai hilou in, Ama toh kizopta ka hi chi theichetna leh muonngamna ahi (John 6:39, 40; 10:27-30; Rom.8:14-16; I Joh 5:13). Hundamna khu mihing nasep leh gintat zawhna a kingah hilou in Jesu Khrist tatna na sepsa a kinga ahi chi theichien apoimawh hi.

Hundamna kipdan:

Hundamna khu Pasian itna leh hepina zieh a hing pieng a, Khrist pansan a Amah toh hing kilem kiasah, khelna hing ngaidam, ata dia hingpom ban ah, Hagau siengthou in hing luo/tenpi ahizieh in hundamna khu akip leh detdou in kumtawn dai ahi (Joh. 6:39-40; 10:27-30; Rom 8:29-39; Eph. 1:13, 14; Phi. 1:6; I Pet. 1:23; 5:10; Juda 24). Tuaziehin mipiengtha dihtah khu nuatol hun leh bahtah/chautah a um hun um thei nanleh, hundamna khu kumtawn dai ahi (I Kor. 3:10-15).

Pasian thu suisiem khenkhatte'n Heb. 6:1-8 pansan in hundamna mansuo kia thei hidan in a zilsah ua, a dihlou ahi. Tam Lai siengthou khu piengtha tahtah loute genna ahi. Hagau lam sil a atahtah theilou leh tanglou, ahizieh in chiem kha juolte dinmun genna ahi a, tulai a piengtha loupai nahpi a Hattuum a ki innteh sahte lawi genna ahithehi hi.

Piengthate leh khelna:

Piengthate khielthei lai maw? khielthei nawnlou maw? chi thu ah ngaidan tuomtuom a um hi. Lai siengthou munkhat mai tahlang lei e.g:- I Joh 3:4-10 piengthate khielthei nawnlou chi thei ahi. Ahizieh in, Lai siengthou mundang, e.g: I John 1:8-10 ah mihing koimah khelna neilou umlou ahidan mu ahizel hi. Tam Lai siengthoute kikal hilou in, azilsah leh gennop neituoh ahi uh chi theisiem ding ahi. Lai siengthou pumpi hing zilsahna a khun leitung a mihing damlai teng khielthei na lai ahi. Azieh, melma satan in nichin a hing sol gige, tuaziehin gingtute pilvang ding leh kiveng gige ding a thupieh ahi (Lk. 22:46; I Kor. 10:12). Tuaziehin, piengthate khiel theilou chi hilou in, khiellou thei ahizaw, Hagau a dim gigate adia khelna ding hun leh mun umlou, Hagau a dim loute khu khel thei ahizieh in, khel louna ding in Hagau a dim gige khu apoimaw ahi.

PASIAN TOH ZAWHKHAWM

(Mk. 16:12-13; Lk. 24:13-35)

Lai Siengthou ah Pasian toh zawhkhawm tamtah umte lah ah Palm Sunday, Good Friday leh Easter Sunday zang zou ihi toh kituoh in Emmau khuo zuon a pei mi nite Mangpa Jesu toh a zawhkhawm thu uh i houlim ding uhi.

Ei Presbyterian Church of India thugin khu Pasian a mi thum, Pa leh Tapa leh Hagau Siengthou (Trinity) ahia, amauteng khu mi thum hinapi in mi khat ahi veve ua, tam khu sakhuo dang zuiten a theisiem theilou uh ahia, Pasian a hinna nei Jesu Khrist hingtute bou in i theisiem thei uh ahi.

Pasian khu thuhun lui lai in Pa Pasian in a kithei a, Thuhun tha hing kipat AD bul lam in Tapa a hing kilang in i Mangpa Jesu shi zou in Hagau Siengthou a hing kilang in ahing umpi zing hi. Thuhun lui lai in Tapa leh Hagau Siengthou toh Pasian in Jawlneite zang in gen nanleh ana theisiem theisih ua, atah a mu thei zong ahi naisih hi. Thuhun lui hing bei in Jawlneite genlawh bang in ahing tangtung tou a, Jesu Khrist hing pieng in ahing shi a, tuachiin thoukia in van a lahtou in a um a, tua zou in Ahing thuchiem dungzui in hagau Siengthou ahing sawl hi. Tuachiin eite khelna a shisate hing tankhie in kumtawn hundamna ahing pie a, Pasian a mi thumte khu thuhun tha ah hing kilang in ahing bukimta hi.

1. Emmau khuo:

Emmau khuo khu Jerusalem khopi apat mallam a um mel 20 vel a gamla ahia, Jaffa khuo

toh kiikal a um ahi.

Emmau chi umzie khu Greek ham ahia, tuilum pawtna tuisam china ahia, tam mun ah tuisam khat a um a, tua khu tahsa damlouten damna a ngana mun uh ana hi hi. Tuazieh in tam tuisam mun khu mi tamtahte kinepna leh damna mun uh ahi. Tam bang in nuajui mi niten zong tam Emmau khuo ah hagau damsiengna ana mu uhi.

2. Emmau khuo zuon mi nite:

I Mangpa Jesu Khrist khantan hoi gieltu Dr. Luk in tam thu kimtah in ahing na gelsah a, tam Emmau khuo zuon a peite khu Kleopa leh a lawipa ahi uhi. Amaute khu amin uh nuajui dangte bang in Jesu nuajuite lah ah simkhah hisih nan uleh Jesu gingta a, anua zuitute ahi uhi.

Jesu han apat a thawkia zou in a nuajuite kung ah a kihil a, a gensa ma bang a thoukia ahi dan chientah in ahil hi. Tam Jesu thawkia ni mama a nitah lan a Jerusalem leh Emmau khuo kikaal a sil tung ahia, Jerusalem apat Emmau khuo

zuon in Kleopa leh a lawipan lungkham meltah leh daa mel tah in lam a zawt ua, Jesun amau toh zawhkhawm ding in ava nai a “Na pei kawm ua bang thu houlim a, tambang a daamel puo na hi uoi?” chiin adong hi. Tam khuolzin mi niten Jesu ahilam theilou in Jesu Kross a kilbeh ahi thu leh aluong kiphumna mun ah a um nawnlou thu gen in Kleopa in, “Tulai a sil umdan theilou, Jerusalem ah nang maimai mikhuol na hieimah?” achi hi. Jesun amaute kung ah “Bang sil umdan la?” chiin theilou bang in a dong kia a, Kleopa leh a lawipan Jesu shi dante, Jesu hina leh silbawlthei dante, Siempuliente leh Vaihawmten shi ding a, a mawpai thu uh leh Kross a kilbeh ahi dan, ashi dan thute gen in a thoukia a, nuajuite kung ah zong a kihil chiin a gen ua, a thawkia dan gen nan uleh a lungtang sung uah theichienna tahtah a um lou zieh in a da mama mai ua, a lungsim uh hawm in a thawmhau mama mai uhi.

A lungkham seng zieh un Jesun a damlai a, a thugente zong za napi in a manghil ua, thei zoulou in a um uhi. Lungkham leh danate in i mit mielsah in i lung a zingsah leng hi. Tuachi hun lai in Jesun Ama tungtang thu Mosi leh guolneiten ana genlawhte uh, Khrist in a

thuoh ding a, shi ding mawng ahidante leh kaithaw a um a, thupina a tan ding thute hilchien in Lai Siengthou sung a kigenlawhte thu a hilchien chieng in a sung uah mei kuong bang in a kuong a, hinanleh a theisiem nai sih uhi.

Jesu toh zawhkhawm ahi vang un bangma a theisih ua, ahin, a lungkhamnate uh kiem in nuom asa mama ua, Jesu toh zawh a Pasian thute a kikap lai un a lungkhamnate uh a manghil uhi. Tambang a houlim kawm a, ahing pei uleh a theilou kaal un a zotna mun uh Emmau khuo ahing tungta uhi. Jesu khu gamlapi a peisuoh ding bang in a kigen a, amauten Jesu ahi theisih nan uleh a ngaina mama ua, akung ua um a taam phot ding in a hou uhi. Tuachiin, “Ni lah tum ding hita, khuo hing miel ding ahita a, kou toh taam in giehkhawm vai” chiin ahou uhi. Tambang a Jesu ahou chieng un Jesu zong amau toh giehkhawm ding in a lutta hi. A giehna ding uh Emmau khuo ah nitah ann nekhawm ding in atouta uhi. I Mangpa Jesun tanghou ala a, phalsuo in a guolzawl a, tuachia tanghou aneh lai un amit uh hing vaah in Jesu ahi lam ahing thei ua, hinanleh tam hun laitah in Jesu khu amaute mitmu apat a mangta hi. Amau tegel kihou in “Lampi

a ahing houpi a, Lai Siengthou thute ahing hil lai in i sung ah meikuong abang hilou i?” chiin a kihou ua, tuachiin a giehna ding uh Emmau khuo ah zong gieh talou in Jerusalem lam ah kile kia in nuajuite kung ah a sil tuohte uh gen in “I Mangpa a thoukia tahtah ahi. Simon kung ah zong a kilah ta hi” achi uhi.

3. Eite kung ah:

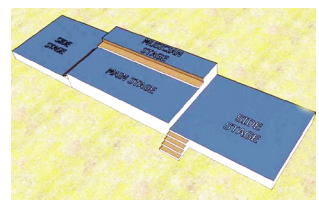
Tam Emmau khuo zuon a pei mi nite kung bang in tuni tan in i Mangpa Jesu khu eite toh zawhkhawm ut in ahing chiel zing a, i lungkhamna-danate hing henem nuom in “Bang thu atai na buoipi” ahing chi hi. I Mangpan i buoinate hing suhveng pieh ut in ahing dong zing a, eite a ding a hing shi in thoukia nanleh eiten ama chielna i nahsah lou uleh ama thu in ahing kilai tahla theisih hi.

Jesu Khrist zieh in Ama phatna lasah nuom isa un, phatna Lapawl te bang i ngai nuom mama maithei uhi. Hinanleh ama i saanlou zieh un eima tang a i um chieng uleh solna i tuoh chieng un i dou zou

sih uhi. Tuazieh in Biehinn sung i tun chieng un ahing a vangam kai thei ding khop in ihoi ua, hinanleh kholai ah Jesu toh i zawhkhawm lou zieh un gitlouna lungsim toh i pumdim uhi. Emmau khuo zuon a pei Kleopa leh a lawipa bang in i kung ua Jesun ahing nai zing lai in ama chielna pom in zawhkhawm in taamkhawm in, annekhawm lei i mit ahing suhvahsah ding a, heisung mun ah zong ama deilam bawl in i lungnuom thei tading uhi. I Lungkham mangbat ni in Jesu thugente ngaituo zel henlen hilei i lung a hing kihong ding a hamuonna i nei thei ding uhi.

Mangpan zawhkhawm ding in ahing chiel zing a, thuhun lui ah Mosi leh jawlneite Pasian toh a zawhkhawm ua, i Mangpa Jesu lei a ahing len lai in anuajuite ama toh zawhkhawm ahi bang un tu Hagau Siengthou hun ah Hagau Siengthou toh zawhkhawm henlen hilei i damsung nite ama dei dan bang a gamta in i Gam sung, i Nam sung, i Hattuom, i Innsung leh i mimal hinkhuo a dam ding a nuomsatah in tam leitung ah i khosa thei ding uhi.

ZPYF Stage Project



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* ZPWF 12veina THUMKHAWMNA Presbyterian Church Of India, Lailam Veng ah lawchingtah a zat ahi.

* MPWF 21veina Khawmpi Saipum Presbyterian Church (KSP) ah June 12-14 sung Vaiguon a chielna kimu bang in ZPWF apat delegates Nu Cicy Vungneiching, Secretary leh Nu Nuamzakim, Assistant Secretary ten va uop uhi.

Petu te zousie Mangpa'n atamzaw sem in hing gualzawl taken.

Note : A dihlou a umkha le office a suhdih zing thei ahi

Sd/-

Christina Chinghatkim

Secretary for Women's Relations

ZPWF

ZPYF COLUMN

PYF Seminar, Agartala

“ENTREPRENEURSHIP WITH A PURPOSE”

PYF General Assembly saina nuai ah SEMINAR Agartala, Tripura a Date 3 – 5 July, 2026 akizang hi. PYF General Assembly nuai a um Synod chin a pat palai (*Deligate*) pei khom mong mong ahi leh 70 ahi a tua ban ah, Certral Committee te 16 leh Editorial Board te 9 tua ban a resource person 3 ahi. ZPYF apat in delegate 4 ahing nget ma bang un mi 4 aki kuan khia hi. ZPYF apat Delegates 4 teng ahi leh

1. Mr. Lammuanlal, Finance secy. ZPYF
2. Mr. Paominlun, Youth Co-Ordinator, ZPYF
3. Mr. Kapsuanlian Zou, CC member, ZPYF
4. Mr. Lamminlun, CC member, ZPYF

Tua leh Synod Driver Mr. David zong aki pui ahi. ZPYF a pat akuan khia agawm in mi 5 ahi.

Seminar paper la Resources person thum ahiu a, amaute ahi leh

1. Rev. Dr. Hmingthansanga, *Director Interserve*
2. Mr. Noel de-Cruz, *Founder & CEO Zion pools*
3. Mr. Cini Baig, *Founder of Coffee Jar Cafe & Bakery*

Resources person te a pat in thuman pha leh thuhawi, business tung ton a ministry bawl ding dan leh panlah ding dan te ngai khiat ahi a, delegates tampi in akiplat tuam pi mama hi.

Youth Co-Ordinator
Contact : 7085981793

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