

The Presbyterian Church of India
ZOU PRESBYTERIAN CHURCH SYNOD



**SEPGUOL PROGRAMME
2019**

Thupi:
Kipah kawm a Mangpa nasem
(Late 100:2)

To

.....

.....



The Presbyterian Church of India ZOU PRESBYTERIAN CHURCH SYNOD

Regn. No. 198 of 2005 Under the Manipur Societies Registration Act, 1989 (Act. No. I of 1990)

Zomi Colony, Churachandpur, Manipur, India. Post Box-48, PIN-795128

Website: www.zousynod.org | Contact: (03874)235105 | zpcs@rediffmail.com | zousynod04@gmail.com | info@zousynod.org

THUMAPUI

Hunte hing kihei in theilou kal in September i hing tungta ua, tam tan a hing mapuitu i bieh Pasian kung ah kipah thu i tut masa uhi. Tua ahi toh kituoh in tu kum Sepguol kizah ding dan 4th Zou Synod Office Bearer Committee R/No. 18 dated 06/03/2019 leh 2nd Synod Executive Committee R/No. 1 dated 20/03/2019 phasah bang in “**Kipah kawm a Mangpa nasem**” chi thupi zang a Vaiguon tawi thei a i um ziehun Pasian min im phat uhi.

Tu kum i Sepguol thupi bang uh “Kipah kawm a Mangpa nasem” chi ahi dungzui in Pasian Hattuom misienghouten hattah leh hangsantah a, i Mangpa Jesu Khrist a ding a kipah kawm a sem chiet dingin i kichel uhi. Report form ah nitah teng a kikhawm zat leh tuohkhawm record hing bawl a Synod Head Office ah hing sunglut chiet ding in i kingen uhi.

Tualeh Sepguol Vaiguon bawl ding a guot ahibang in Rev. Zamlianpau ing theitawp suo in ahuntah a hawm thei leh zah thei ding a ahing bawlsah ban ah Synod Office Staff te'n zong theitawp suo a, ahing kithuopina tung uah zong lungdam thu ka gen hi.

2019 Sepguol Programme manphatah a zang thei chiet dingin Mangpa'n hing guolzawl henlen damna leh hun thoveng Hattuom michin hing peta hen.


Rev. Stephen Chinzathang
Sr. Executive Secretary
ZPCS

September 01, 2019

Nipini Nitah Kikhop 6:00pm | Amun:

1. Thupi : Kipahtah in Mangpa na sem un
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Ps. 100:2- *Kipahkawm in Mangpa nna sem unlen, lasa kawm in amasang ah hing pei un.*
 - = Philippi 4:4-5 - *Mangpa ah kipah ngitnget un, ka chi kia ding kipah un. Na lungnemna uh mi zousie thei hi heh, Mangpa anai hi.*
 - = Habakkuk 3:17; Ephesa 6:6-7

September 02, 2019

Seppatni Nitah Kikhop 6:00pm | Amun :

1. Thupi : Kipumkhatna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Nasepte 2:44-45 - *Agingta zousie akipumkhat ua a umkhawm ua, bangkim akikop uhi. Tualeh asil nei zousie uh azua ua, akitahsapna bangun a unpi lah uah ahawm zel uhi.*
 - = I Corinthian 1:10 - *Unaute aw, nouten na unpi un thu kibang na gen ua, tualeh na lah ua, kikhenna aumlouna dingin lungsim kibang leh ngaituona kibanga, hoina bukim a na kigawmkhawm theina ding un, Mangpa Jesu Khrist min in ka hing ngen hi.*
 - = Nasepte 4:32-37; John 17:2-23

September 03, 2019

Sepkiani Nitah Kikhop 6:00pm | Amun :

1. Thupi : Hanthawnna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:

- = Joshua 1:6-9 - *Hattah leh hangsantahin umin, apulepate u'kunga pieh dinga kana chiemsa gam khu agoutan dingun na hawm pieh ding ahi. Ka suohpa Mosi in dan zousie zui dinga thu ahing pieh zousie zui chinten a bawl dingin, hattah leh hangsantahin um pouma photin: na peina pou a na lamzan zel theina dingin na zietlam ahiei, na veilam ahiei ah, pielsan vawt sin. Tami dan laibuin na kam pawtsan vawt sih heh, hinanleh asunga kigielte zousie na zui chinten a na bawl theina dingin, sun leh zan in na ngaituo zaw ding hi; tuachi'n na lampite ah na tuohpha dinga, tualeh lawchinna hoitah nanei ding hi. Thu ka hing pie hilou amah? Hattah leh hang tahin um in, zau sinlen, lungke vawt sin, Mangpa na Pasian in hing umpi ding ahi;" achi hi.*
- = I Samuel 17:45-47 - *Tuachi'n David in Philistin mipa kungah, Nang namsau teipi leh lum leh phaw toh nahing kuon a, hinanleh kei pen galkapte Mangpa, Israel galkapte Pasian na tawhpa Ama min in ka hing kuon hi." Tuin Mangpa'n nang ka khutah ahing pe dinga, ka hing satlia dinga, nalu katan dinga: tualeh Philistin galkapte luongte khu tunga leeng vate leh gamsate kane sah ding hi; tuachi'n leitunga um mi zousie'n Israelte lah ah Pasian aum hi chi athei ding uhi Tualeh tammun a kikhawm zousie'n Mangpa'n namsau leh teipiin koima ahundam sih chi athei chiet ding uhi, aziehpene kidouna khu Mangpa a ahibou hi, Tualeh aman noute ka khut ah ahing pe ding hi," achi hi.*

September 04, 2019

Nilaini Nitah Kikhop 6:00pm | Amun : _____

1. Thupi : Kisiemthana
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:

- = 2 Timothi 2:22 - *Khangdawng utna giloute zong taisan inlen, hinanleh lungtang siengtah a Mangpa min loute toh, dihtatna, ginna, itna leh kilemnate delzaw in.*
- = I Korinth 13:4-7; I Korinth 15:33; 2 Korinth 6:14

September 05, 2019

Ningani Nitah Kikhop 6:00pm | Amun: _____

1. Thupi : Kihanthawnna
 2. Puitu :
 3. Pantu :
 4. Thumguolna :
 5. Thawlawm latna : Rs.
 6. Thugentu :
 7. Houlimna/kikupkhawmna :
 8. Bible tangtelte:
- = I Thessalonika 5:11 - *Tua ziehin na bawlsa mabangun, khat leh khat kihamuon tuo unlen, kisuhat tuo chiet un.*
 - = Hebrute 10:23-25 - *I kinepna thugin uh kilohlouin kiptah in tudet va ui, Ama thuchiem hing pepa a muonhuoi ahi. Tualeh itna leh sil hoi bawlna lamah kithathousah dingin khat leh khat iki awlmawtuo chiet ding uhi. Mi pawlkhatte bangin ikikhopnate uh tawpsan sih vai, hinanleh khat leh khat kihantawh tuo zaw vai, tualeh ni a hing naita chi na thei zieh un kihantawh tuo semsem un.*
 - = Nasepte 4:36-37

September 06, 2019

Ziltawpni Nitah Kikhop 6:00pm | Amun :

1. Thupi : Khantanhoi puonzahna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Mathiu 28: 19-20 - *Tuazieh in pei unlen, namchin apat nuazui ding bawl unlen, Pa leh Tapa leh Hagausieengthou min in baptis unlen; thu ka hing piehte zousie zui dingin thu hil un, tualeh ngai un, Kei bangchih tan in, leitung tawp dongin na kung uah ka um ding hi, achi hi.*" Amen.
 - = 2 Timothi 4:5 - *Hinanleh nang pen sil zousie ah pilvang inlen, hasatna thuoh inlen, sawltah nna sem in, na nasepna khu sutangtungin.*
 - = Rome10:10-17; Mathiu 9:37-38; I Korinth 9:22; Rome 1:16
 - = Mark 16:15-16;

September 07, 2019

Kiginni Nitah Kikhop 6:00pm | Amun :

1. Thupi : Ginna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :

8. Bible tangtelte:

- = Mathiu 17:20 - Tuachi'n Jesu'n akung uah, "Na gintatlou zieh uh ahi, chitahtah in ka hing hil ahi, ankam tang khat chie ginna na nei uleh, tami muol kung ah, Tana kipat in khunah kisuon in na chi ding ua, akisuon mai ding hi, tualeh nou a ding in bangma bawlmaw a um sih ding hi," achi hi.
- = Heb. 11:1-40 *Ginnain Noah in sil mu nailoute thua Pasian vauhil a aum lai in, zauna siengthou neiin, ainnkuonpite hundamna dingin, kuong abawl a, tami ziehin aman leitung siemmwat atangsahta-a, ginna zieha um dihtatna gouluopa ahing hita hi.*
- = Gen. 15:6; Habakkuk 2:4; Johan 5:24; Galati 2:16; Ephesa 2:8-10
- = Mark 11:22-24

September 08, 2019

Nipini Nitah Kikhop 6:00pm | Amun :

1. Thupi : Innkuon um dingdan
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:

- = Col. 3:18-21 - *Zite aw, Mangpa ah akilawm hun bangin na pasalte uh kungah kitulut un. Pasalte aw, na zite uh it unlen, atung uah gilou sih un. Tate aw, sil zousie ah na nu leh pate uh thu mang un, tua khu Mangpa kipahna ahi. Pate aw, na tate uh lungthahsah sih un, tuachilouin alungke kha ding uhi.*
- = Thupilte 22:6 - *Naupang apeina ding lampi ah chil in, a upat dongin zong tuate akipat in apeimang sih ding hi.*
- = Ephesa 5:22; Ephesa 6:4; Gen. 2:23-24; I Tim. 3:2-5

September 09, 2019

Seppatni Nitah Kikhop 6:00pm | Amun :.....

1. Thupi : Ann ngawl dingdan
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:

- = Mathiu 6:16-18 “*Tuachiengleh ann na ngawl chiengun milepchiete bangin ngui mel posih un, amaan mite mitmu a anngawl uh akilat theina ding un, amaisuo uh atuom sah leng uhi. Chitahtahin ka hing hil ahi, amaan anuomman uh amuta uhi. Hinanleh nouten ann na ngawl chiengun na lutang uh sathau nu unlen, na mai uh phiet un.* Tuachi'n mun simthama um na Pa uh muna loungal, mihingte mitmu a, anngawl na bahlouna ding un, tualeh na Pa uh aguh a hing mupa'n langtang tahan kipahman ahing pe ding hi.
- = Isai 58:3-7 *Bangziah a ka ann ngawl uh, nang mulou ahiei? ka hinna uh sugenthei unga nang theilou ahiei? achi uhi. Ngai un, na ann ngawl ni chiengun, nouma nopsahna ding na kibawl ua, na nasemte uh na nuoisie uhi. Ngai un, kihouna ding leh kinielna ding, tualeh gitlouna khuttum a kituptuona bep a, ann na ngawl uh ahibou hi; Na aw uh tunglam a akizahna dingin, tuni a na ann ngawl bang ua, na ngawllou ding uh ahi. Tambanga ann ngawl ka deilam leh, mihing khat a dinka nikhat ahinna suhgenthei, ka deilam ahiei mah? luonglau kung banga alu uh kunsuh a, saiip puon pha a, vut lah a lup khu, ann ngawlna ahiei mah? Tua khu ann ngawlna leh Mangpa dinga, ni kipahhuoi na chi ding uoi? “Ka deilam ann ngawlna ahileh, gitlouna kolbute sutkhet a, puohgih gihtahte lakkhet a, suhgenthei deldoh a umte zalen sah a, hahkol chinteng suhtan pieh ahi zaw sih amah? Na tanghou gilkielte kunga hawm leh, mi zawng deldoh a umte na in sunga, hing puit ahi sih amah? Saguoh a umte na mu chienga puon silsah a, nangma tahsa bang puo apat a, kibuh lou ahisih amah?*

- = I Samuel 7:6; Mathiu 4:1-2; Nasepte 14:23; Luke 4:1-4

September 10, 2019

Sepkiani Nitah Kikhop 6:00pm | Amun:

1. Thupi : Kipawlkhawmna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Phil.2:1-4 *Tuaziehin Khrist a kihenepna bang, itna a lungmuonna bang, Hagau a kipawlkhawmna bang, tualeh kilainatna leh ki khotuona bang aum leh, Lungsim kibanga um in, itna kibang neein, tup kibang leh lungsim khat puo a umin ka kipahna subukim un. Angsung khuolna ahisihleh kipilsahna ahiei in bangma bawlsih unlen, hinanleh michinin lungsim a kingaingiem tahan, mi dangte ama sanga hoizaw in ngaituo heh. Na lah ua mi koipou in ama hoina ding guoh en sih henlen, midangte hoina ding zong en uheh.*
 - = Pro. 27:17 - *Sia in sia atathiem thei bangin, mihingin alawm mel ahiemsah hi.*
 - = Nasepte 2:42; Eccles. 4: 9-12; I Cor. 1:9-10; John 17:21-23
 - = Heb. 10:25; I John 1:3

September 11, 2019

Nilaini Nitah Kikhop 6:00pm | Amun :

1. Thupi : Sum dinmun
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :

8. Bible tangtelte:

- = I Tim. 6:10-11 - *Aziehpen sum ngainat khu sil hoilou chinteng zungpi ahi a, tuakhu pawlkhat in adeigaw ua, ginna akipat apielmang ua, lunggimna tampi in akisun pailet uhi. Hinanleh nang Pasian mipa aw, tam silte taisan inlen, dihtatna, Pasian ngaisahna, ginna, itna, thuohhatna leh nunnemna del zaw in.*
- = Pro. 3:9-10 - *Na nei nalam leh na louma a gamasate zousie in, Mangpa pahtawi in. Tuachi'n na annbuhte khu bu in ahing dimlet dinga, na belpi liente zong uoin tha in adimlet ding hi.*
- = Mathiu 6:28; Mathiu 17:24-27; Mark 12:41-43; Pro. 22:7
- = Heb. 13:5; Luk 14:28; Phil. 4:19; Pro. 13:22; Luke 12:15

September 12, 2019

Ningani Nitah Kikhop 6:00pm | Amun: _____

1. Thupi : Ngaidamna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :

8. Bible tangtelte:

- = 2 Khangthute 7:14- *Nang na hileh, na pa David banga, ka masanga na pei a, ka thupiehte zousie na zui a, ka thu gousiete leh ka dan thute na nit leh;*
- = Mathiu 6:15 - *Hinanleh mite tatkhelnate na ngaidam sih uleh na Pa un zong na tatkhelnate uh ahing ngaidam sih ding hi.*
- = Mark 11:25; Ephesa 4:32; I John 1:9; Mathiu 18:21-22; 6:14-15
- = Col. 2:13

September 13, 2019

Ziltawpni Nitah Kikhop 6:00pm | Amun:

1. Thupi : Suotatsahna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Gal. 5:1 - *Tuaziehin suoh hi nawnlou dingin Khrist in eite ahing zalen sahta hi, tuachi'n dingdet unlen suoh hahkol ah awhkia nawn sih un.*
 - = Isaiah 61:1 - *Mangpa hagau khu ka kungah aum a, Aman gentheite kunga khantan hoi gen dingin, Mangpa'n sathau ahing nuta hi. Aman lungtang hasete damsah ding leh, saltangte kunga suotatna thu gen ding, tualeh suongkul taangte hadohna ding, thu phuong dingin, kei ahing sawl hi.*
 - = John 8:32-36; Rom 6:18-22; 2 Cor. 3:17; I Peter 2:16

September 14, 2019

Kiginni Nitah Kikhop 6:00pm | Amun :

1. Thupi : Lawm hina
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = John 15:12-14 “*Tami ka thupieh ahi: Ken noute ka hing it bangin noute khat leh khat ki ittuo chiet un. Mi'n alawmte a dinga ahinna apieh sanga lienzaw itna a um sih hi. Ka thupiehte na zui u'leh ka lawmte na hi ding uhi.*

- = Thupilte 27:17 - *Sia in sia atat hiem thei bangin, mihingin alawm mel ahiemsah hi.*
- = Ecclest. 4:9-12; John 15:13; I Korinth 15:33; I Peter 4:8-10
- = I Thessa. 5:11

September 15, 2019

Nipini Nitah Kikhop 6:00pm | Amun :

1. Thupi : Pasian deidan
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Mathiu 12:50 - *Koi hinanleh van a um ka Pa deilam bawl pouma Ka sanggampa, ka sanggamnu leh ka nu ahi uhi,” achita hi.*
 - = Late 40:8 - *Aw ka Pasian na deilam bawl khu ka kipahna ahi a, na danthute ka lungtang sungah a um hi;” ka chi hi.*
 - = Mathiu 6:10; 26:42; Ephe. 1:4-11; Late 135:6; John 7:16-17
 - = Rom 12:1-2; I Thessa. 5:18; I Pet. 2:15

September 16, 2019

Seppatni Nitah Kikhop 6:00pm | Amun :

1. Thupi : Hepina
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :

8. Bible tangtelte:

- = John 1:17 - *Aziehpen dan thu Mosi tungtawn a pieh ahia, hepina leh thutah pen Jesu Khrist tungtawn a hing um ahi.*
- = Pawtdohna 34:6-7 - *Tualeh Mangpa khu amasangah apei suoh a, "Mangpa, Mangpa Pasian lungsiet siem leh khotuo siem leh thuoh theitah leh hoina leh thutah a dim; Sang tampite tunga khotuona langsa zing a, gitlouna, bawlkhelna, leh khelna ngaidam zel a; hinanleh bangchihtana siemawna a maw maisah lou, pate gitlouna tate tung leh tate tate tunga khang thum khang lina tan a phuba lapa chin a phuong doh hi."*
- = John 1:16-17; Titas 2:11-13; Rom 3:23-24; 6:14; Ephesa 2:4-10
- = 2 Korinth 12:9; James 4:6; Hebru 4:16

September 17, 2019

Sepkiani Nitah Kikhop 6:00pm | Amun :

1. Thupi : Khantahoi puonzahna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :

8. Bible tangtelte:

- = Mark 16:15 - Tuachi'n Aman akung uah "Leitung pumpi ah pei unlen silsiem chinteng kungah khantahoi gen un.
- = Late 96:3 - Namte lah ah athupina phuong unlen, mizousie lah ah asilbawl lamdangte phuongzah un.
- = Mathiu 9:35-38; John 20:21-23; Nasepte 1:8; Rom 10:13-15
- = Kihilna 14:6

September 18, 2019

Nilaini Nitah Kikhop 6:00pm | Amun :

1. Thupi : Thumanna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Nasepte 5:29 *Tuachi'n Peter leh Sawltah dangten adawng ua, "Mihing thu sangin Pasian thu ka man zawh ding uh ahi," achi uhi.*
 - = I Samuel 15:22 *Tuachi'n Samuel in: "Mangpa'n, Mangpa thuman a kipahpi bangin, Kithoina leh halmang sillatte akipahpi a mah? Ngai in kithoina sangin, thuman ahoizaw a, Belamtal thaute sangin, thuzui ahoizaw hi.*
 - = Deut. 26:16; Mathiu 26:39; Johan 14:15; Philipian 2:8
 - = Gen. 22:15; Exo. 19:5-6; Rom 6:16-17; Hebru 5:7-8
 - = I Peter 1:14; Tita 3:1

September 19, 2019

Ningani Nitah Kikhop 6:00pm | Amun :

1. Thupi : Thuohhatna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Galatia 6:9 *Tuachi'n silhoi bawl chimtah sih va ui, ilungkieh sih nah pouleh ahun tahn i at ding uhi.*

- = Number 14:18 *Mangpa khu lungnemtah, khotuona lienpi nei, khelna leh thulimlouna ngaidam zel, siemtanglou a kiguotte mawh ha doh ngailou, pate khelna tate tunga khang thum khangli tan donga zong thuh zelpa chia na gen dung zui in.*
- = Galatia 5:22; Jacob 1:19; Rom 8:25; Phi. 6:9; Ephesa 4:3; Isai 40:31

September 20, 2019

Ziltawpni Nitah Kikhop 6:00pm | Amun :

1. Thupi : Zausih un
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte :

- = Mathiu 10:28 *Tualeh tahsa that thei a Hagau that theiloute giing sih un, hinanleh Hagau leh tahsa ani a gawtmun a sumang theipa Ama khu giing zaw un.*
- = Joshua 1:9 *Thu ka hing pie hilou amah? Hattah leh hang tahan um in, zau sinlen, lungke vawt sin, Mangpa na Pasian in hing umpi ding ahi;” achi hi.*
- = 2 Tim. 1: 6-7; I John 4:18; Isaiah 41:10; Late 23:1-6; 56:3-4
- = Rom 8:15

September 21, 2019

Kiginni Nitah Kikhop 6:00pm | Amun :

1. Thupi : Suhdamna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :

8. Bible tangtelte:

- = Late 103:2-3 Aw ka hinna, Mangpa phat inlen, phattuomna ahing bawlpieh zousie manghil vawt sin. Aman na khelnate zousie angaidam a, na natna zousie asudam hi.
- = Jacob 5:13-16 Na lah uah genthei thuoh a um ei? thungen heh. Kipah a um ei? phatna la sa heh. Na lah uah china a um ei? Hattuom upate han henlen, amauten Mangpa mina sathau nuin thungen uheh. Tualeh ginna a thungetnain china khu adamsah dinga, Mangpa'n ama akaithou ding hi. Tualeh aman khelna ana bawlkhah leh ngaidam ahi ding hi. Suhdam a na um theina dingun na tatkhelnae uh thupha kitawituo chiet unlen, khat leh khat thu kingetpieh un. Mi dihtat thungetna in nna asem thei mama hi.
- = Isaiah 53:4-5; Mathiu 4:23-24; I Peter 2:24; John 1:2; Late 147:3

September 22, 2019

Nipini Nitah Kikhop 6:00pm | Amun :

1. Thupi : Kinepna/kingahna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:

- = Jeremiah 29:11 Aziehpen noute a dinga ka lungsim geldan ka theizinga, na hun hing tung dingte uah kinepna pe ding, hoilouna ding hilou in na hamuonna ding uh ka ngaituo hi, Mangpa'n achi hi.
- = Rom 8:24-25 Tam kinepna ziehin hundam in i um uhi, ahivangin muthei kinepna pen kinepna ahisih hi; mi'n amusa bangdinga kinem na lai lai ding ahiei? I mu nailou i kinep leh pen kukal tah in ingah teitei hi.
- = Late 33:17-22; 39:7; Rom 15:13; 12:12; 5:2-5; I Thes. 1:3

September 23, 2019

Seppatni Nitah Kikhop 6:00pm | Amun :

1. Thupi : Kipahna
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Philipi 4:4 *Mangpa ah kipah ngitngit un, ka chi kia ding kipah un*
 - = Late 118:24 *Tami Mangpa ni siem ahi a, tam sungah nuom in ikipah ding uhi.*
 - = John 16:2-22; 15:11; Gal 5:22; I Thes. 5:16; I Peter 1:3-9; 1:8
 - = Rom 15:13; Jacob 1:2

September 24, 2019

Sepkiani Nitah Kikhop 6:00pm | Amun :

1. Thupi : Pasian Leenggam
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Nasepte 28:31 *Pasian leenggam thu agen a, Mangpa Jesu Khrist tungthu hangsan tahan ahil zel a, koiman ama akham sih hi.*
 - = Rom 14:17 *Aziehpen Pasian gam khu neh leh dawn thu ahi sih a, hinanleh dihtattnate, kilemnate leh Hagau Siengthou a lungnopna thu ahi zaw hi.*
 - = Mathiu 3:2; 6:10; Mark 1:15; Ephesa 5:5

September 25, 2019

Nilaini Nitah Kikhop 6:00pm | Amun :

1. Thupi : Pasian thuchiem
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Tita 1:2 *Zuou theilou Pasian in hun kipat masang peh a achiemsakumtawn hinna kinepna ah*
 - = I Leengte 8:56 “*Athuchiem zousie dungzui a ami Israelte khawlnapepa Mangpa pahtawi in um hen; asuoh Mosi zanga, a thuchiem hoi zousie thumal khat zong apelhem a um sih hi, achi hi.*
 - = Nasepte 2:38-39; Philipi 4:19; 2 Peter 1:4; 2 Korinth 1:20
 - = Late 84:11

September 26, 2019

Ningani Nitah Kikhop 6:00pm | Amun: _____

1. Thupi : Kemtu/enkoltu hina
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmna :
8. Bible tangtelte:
 - = Gen. 1: 28 *Tuachi'n Pasian in amauh guol azawl a, Pasian ma in akung uah, “Chi tamtah suongin hing pung unlen, leitung luodim unlen, na thu thu un umsa un; tuipi a ngate tungah, tunga leeng vate tungah leh leitunga vah ganhing chinteng tungah thu nei un” achi hi.*

- = Tita 1:7 *Hattuom lamkai pen Pasian gou kempa ahiziehin genbanglou, mi kiliensah hilou, lungthah bailou, zu dawnlou, miphawhtat hilou, sum met dei a huoiham mi hilou ahi ding hi.*
- = Ps. 24:1; Mt. 25:14-30; I Peter 4:10-11; 2 Korinth 9:6-7
- = Colosa 3:23; I Timothi 6:7-8; Luk 12:42-46; I Korinth 4:1-5

September 27, 2019

Ziltawpni Nitah Kikhop 6:00pm | Amun :

1. Thupi : Pasian nna semkhawm
2. Puitu :
3. Pantu :
4. Thumguolna :
5. Thawlawm latna : Rs.
6. Thugentu :
7. Houlimna/kikupkhawmnna :
8. Bible tangtelte:

- = I Peter 4:10 *Michin in Pasian hepina chi tuom tuom kemmi hoitah bangin, silpieh na mu bangbang un nna kiseppieh tuo chiet un.*
- = Siemchilbu 2:18 *Tualeh Mangpa Pasian in “Pasal amatang a aum ahoi sih, ama panpi ding, akithuopi dia kilawm bawlpieh vawng e”, achi hi.*
- = Eccles. 4:9-12; I Korinth 1:10; 12:20-25; Phil. 2:2-8; Ephesa 4:1-6
- = Hebru 10:24-25

~~~~~

# **SEPGUOL KISUH TUONA**

**September 28, 2019**

**Kiginni Nitah Kikhop 6:00pm | Amun : .....**

1. Thupi : Kipahthu tutna
2. Puitu : .....
3. Pantu : .....
4. Thumguolna : .....
5. Thawlawm latna : Rs. .....
6. Thugentu : .....
7. Houlimna/kikupkhawmna : .....
8. Bible tangtelte:
  - = I Thess. 5:18 - Sil bangkim ah kipah thu gen un, Tami noute dinga, Khrist a Pasian deilam ahi.
  - = Ps. 100:4 - Kipah thugen kawm in akotpi ah lut unlen, phat kawm in A biehinn huongsung ah lut un, Akungah kipahthu gen unlen, Amin phat un.
  - = Eph. 1:15-16 = Col. 3:15-17
  - = Ps. 106:1 = Phi. 4:6
  - = I Kor. 15:57 = Kihilna 7:12
  - = 2 Kor. 9:15

**September 29, 2019**

**Nipini Sun Kikhop 10:30am | Amun : .....**

1. Thupi : Suoh hina
2. Puitu : .....
3. Pantu : .....
4. Thumguolna : .....
5. Thawlawm latna : Rs. .....
6. Thugentu : .....
7. Houlimna/kikupkhawmna : .....

8. Bible tangtelte:
- = Ephe. 6:7 *Mihing nasem hilou a Mangpa nasem na hizieh un, hoi deina toh na pute uh nna sem un.*
  - = Danp. 10:12-13 - “*Khaile, Israelte aw, Mangpa na Pasian un nou apat ahing phut bang ahiei: Mangpa na Pasian khu na giin ua, alampite na zui ua tualeh Ama na it ua na lungtang zousie leh na hinna zousie ua ana nasep u’leh; Tunia na hoina ding ua, thu ka hing pieh, Mangpa thupiehte leh adanthute zui khu ahi.*
  - = Luk 22:26-27; Mathiu 20:25-28; 23:11-12; Gal. 5:13; Mark 10:45
  - = I Peter 4:10; Joshua 24:15; Rom 12:11

**September 29, 2019**

**Nipini Nitah Kikhop 6:00pm | Amun : .....**

- |                            |                    |
|----------------------------|--------------------|
| 1. Thupi                   | : Nuazuina hinkhuo |
| 2. Puitu                   | : .....            |
| 3. Pantu                   | : .....            |
| 4. Thumguolna              | : .....            |
| 5. Thawlawm latna          | : Rs. .....        |
| 6. Thugentu                | : .....            |
| 7. Houlimna/kikupkhawmna : | .....              |
| 8. Bible tangtelte:        |                    |
- = Nasepte 2:42 *Tualeh sawltahte thuhil leh kipawlkhawmna ah, tanghou aphalsuo ua, phatuomngaitaha thungen in a um zing uhi.*
  - = I John 2:4-6 “*Ama ka thei*” chi ngal a athupiehte zuilou khu mi zuou ahi a, tualeh thutah ama ah a um sih hi. *Hinanleh A thuzui pouma khu ama ah Pasian itna abukim tahtah hi, tami’n Ama ah i um chi i thei hi. Ama ah ka um chi mi’n Ama gamtat banga agamtat ding ahi.*
  - = Mathiu 8:18-22; Mak 8:31-35; Luk 6:12-19; 14:25-33

ZOU PRESBYTERIAN CHURCH SYNOD

**SEPGUOL RECORD 2019**

Hattuom min ..... Group No. .... [Local Hattuom ah]

| Dt. | Puitu | Pantu | Thugentu | Silpieh Lantu | Silpieh |
|-----|-------|-------|----------|---------------|---------|
| 1.  |       |       |          |               |         |
| 2.  |       |       |          |               |         |
| 3.  |       |       |          |               |         |
| 4.  |       |       |          |               |         |
| 5.  |       |       |          |               |         |
| 6.  |       |       |          |               |         |
| 7.  |       |       |          |               |         |
| 8.  |       |       |          |               |         |
| 9.  |       |       |          |               |         |
| 10. |       |       |          |               |         |
| 11. |       |       |          |               |         |
| 12. |       |       |          |               |         |
| 13. |       |       |          |               |         |
| 14. |       |       |          |               |         |
| 15. |       |       |          |               |         |

|     |                         |
|-----|-------------------------|
| 16. |                         |
| 17. |                         |
| 18. |                         |
| 19. |                         |
| 20. |                         |
| 21. |                         |
| 22. |                         |
| 23. |                         |
| 24. |                         |
| 25. |                         |
| 26. |                         |
| 27. |                         |
| 28. |                         |
| 29. |                         |
| 30. |                         |
|     | <i>Tuoakhawn zousie</i> |

Report petu: .....

# RECORD

| Date | Amun  | Kikhawm Zat | Tuohkhawm |
|------|-------|-------------|-----------|
| 1    |       |             |           |
| 2    |       |             |           |
| 3    |       |             |           |
| 4    |       |             |           |
| 5    |       |             |           |
| 6    |       |             |           |
| 7    |       |             |           |
| 8    |       |             |           |
| 9    |       |             |           |
| 10   |       |             |           |
| 11   |       |             |           |
| 12   |       |             |           |
| 13   |       |             |           |
| 14   |       |             |           |
| 15   |       |             |           |
| 16   |       |             |           |
| 17   |       |             |           |
| 18   |       |             |           |
| 19   |       |             |           |
| 20   |       |             |           |
| 21   |       |             |           |
| 22   |       |             |           |
| 23   |       |             |           |
| 24   |       |             |           |
| 25   |       |             |           |
| 26   |       |             |           |
| 27   |       |             |           |
| 28   |       |             |           |
| 29   |       |             |           |
| 30   |       |             |           |
|      | Total |             |           |



*Thupi:*  
**Kipah kawm a Mangpa nasem**  
*(Late 100:2)*